

# THE BOOK OF MORMON

*OR*

**POKÉMON**™

We hope you enjoy our version of “The Book of Mormon or Pokémon.” We got the idea from a popular LDS website that did something similar but not in a way we felt was robust enough or convenient for readers to use during Sunday School Class or Family Home Evening. So we decided to create our own version from scratch. All you need to do is save the file to your laptop or tablet and you’ll be instantly ready to entertain a group of rambunctious kids. You can also print it and put it in a binder.

We welcome you to use this for any non-commercial purpose. All we ask in return is that you take one minute to Like us on [Facebook](#) and Follow us on [Instagram](#). We’re a small group of church-goers like you trying to make it in this world, and we would really appreciate your support!

Book of More Money  
[www.bookofmoremoney.com](http://www.bookofmoremoney.com)



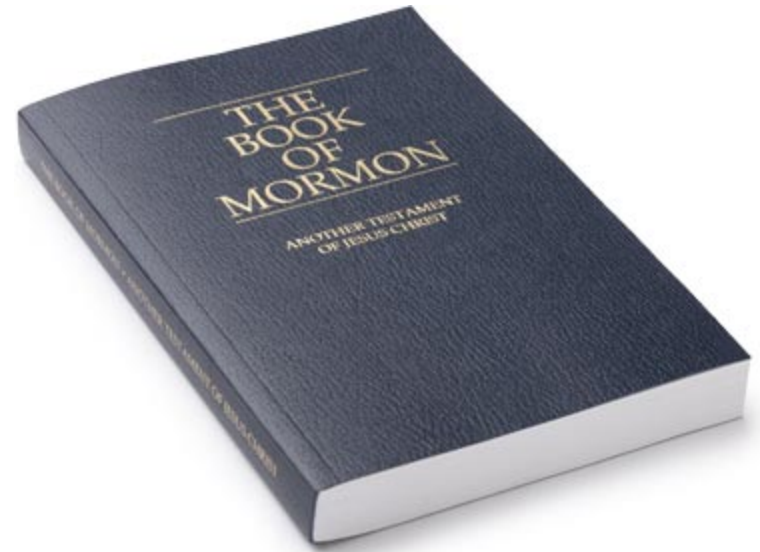


Gilgah



# THE BOOK OF MORMON

**Gilgah** was one of the four sons of Jared who refused to succeed his father as king of the Jaredites. See [Ether 6:14, 24-27](#).



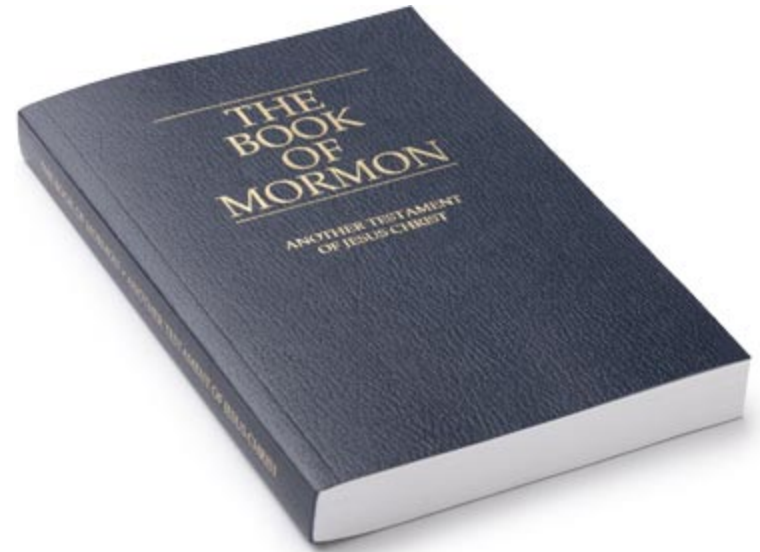
Anorith



**Anorith** is a dual-type rock/bug Pokémon. It has two large, segmented claws that serve as weapons and are used to catch prey. It has wings but can only use them to swim.



**POKÉMON**™



Seedot

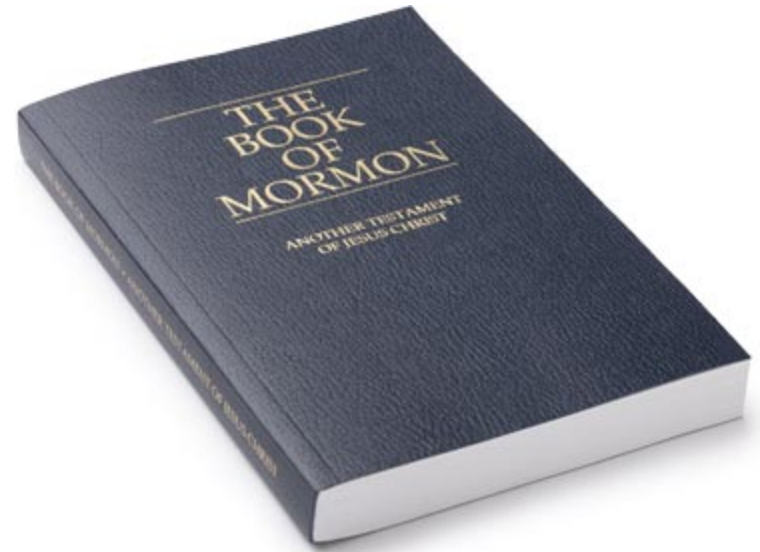


**Seedot** is a grass-type Pokémon. It is a tiny creature that resembles an acorn. Seedot likes to keep clean and polishes itself with leaves once daily.



**POKÉMON**™





Hagoth



# THE BOOK OF MORMON

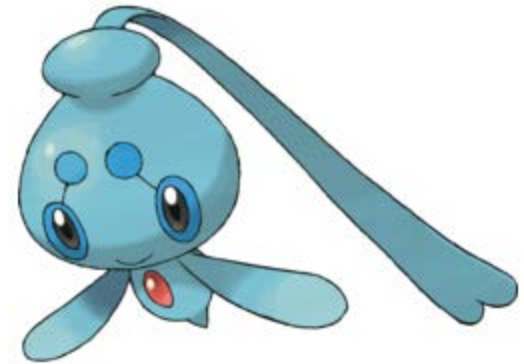
**Hagoth** was a Nephite ship builder. He built an exceedingly large ship and set sail into the west sea. It is believed that the peoples of the Pacific Islands, including Hawaii, Polynesia, and New Zealand are descendants of Hagoth. See [Alma 63:5-8](#).



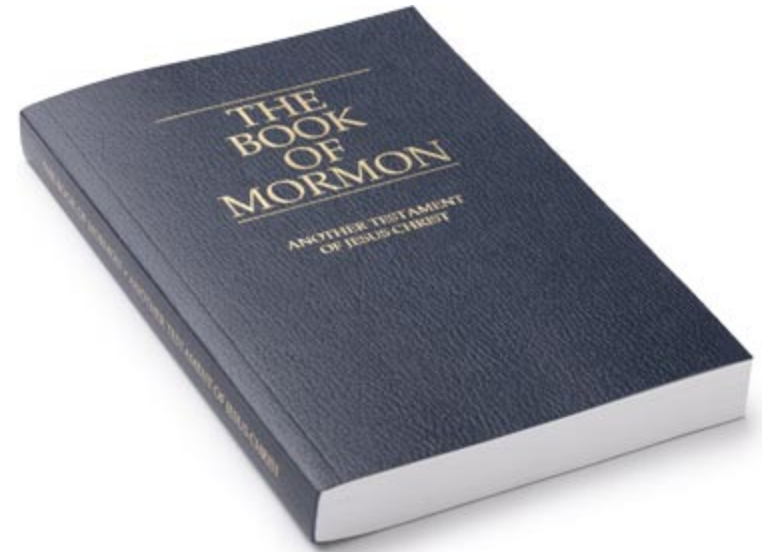
Phione



**Phione** is a water-type Pokémon that has a round head and a tiny body. Above its eyes are two blue, circular markings connected to the eyes by a thin black line.



**POKÉMON**™

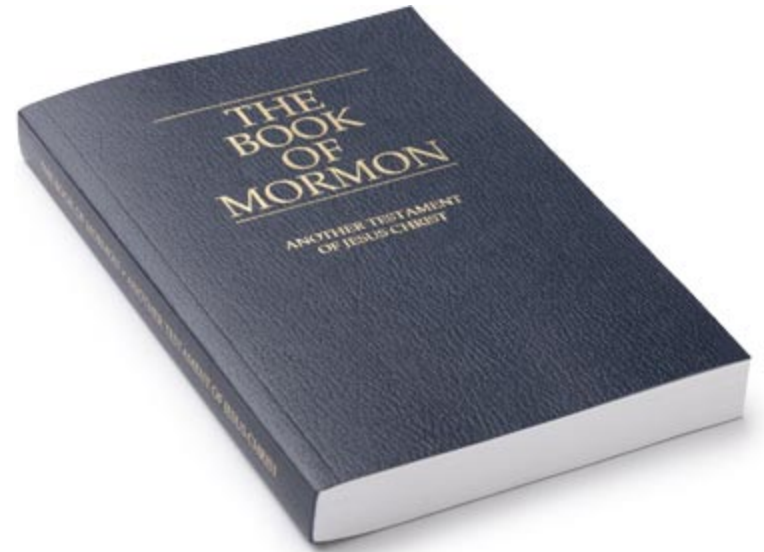


# Himni



# THE BOOK OF MORMON

**Himni** was a Nephite missionary and son of King Mosiah. He aided in the conversion of thousands of Lamanites, who later became the Anti-Nephi-Lehis. See [Mosiah 27:8-11, 34-37](#).



Shaymin

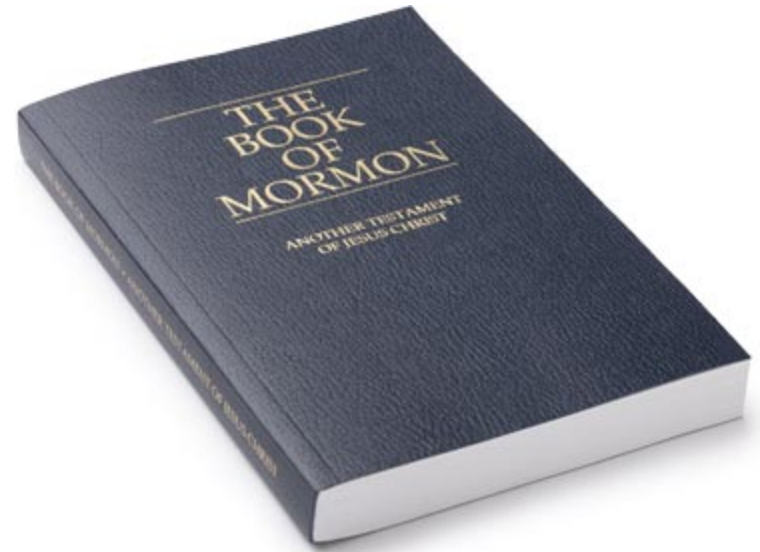


**Shaymin** is a grass-type mythical Pokémon. It resembles a small hedgehog and has green grass-like fur on its back. It also has a pink flower with two leaves on its head.

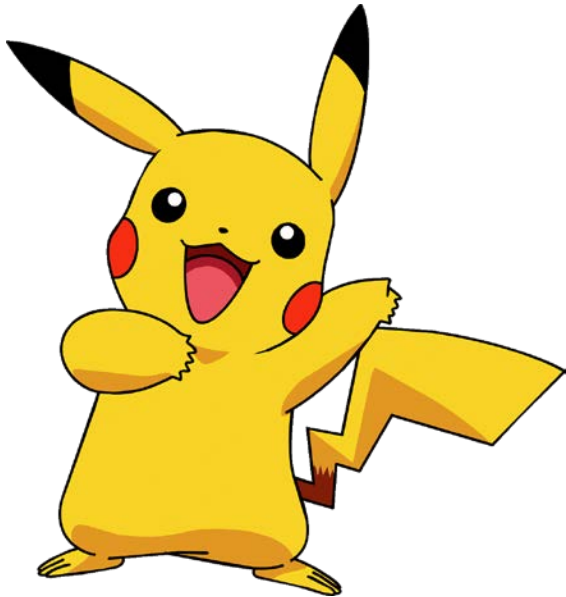


**POKÉMON**™





Jeneum



# THE BOOK OF MORMON

**Jeneum** was a Nephite commander who led 10,000 soldiers to war against the Lamanites. Jeneum and his soldiers were all slain. See [Mormon 6:14](#).

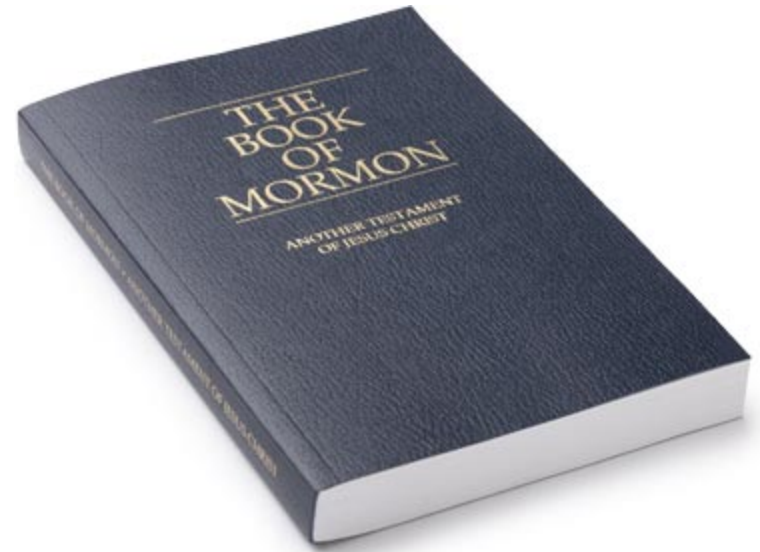


Lehonti



# THE BOOK OF MORMON

**Lehonti** was a Lamanite chief leader that was lured into a trap by Amalickiah and poisoned. Amalickiah killed Lehonti to take his position as chief leader. See [Alma 47:8-19](#).



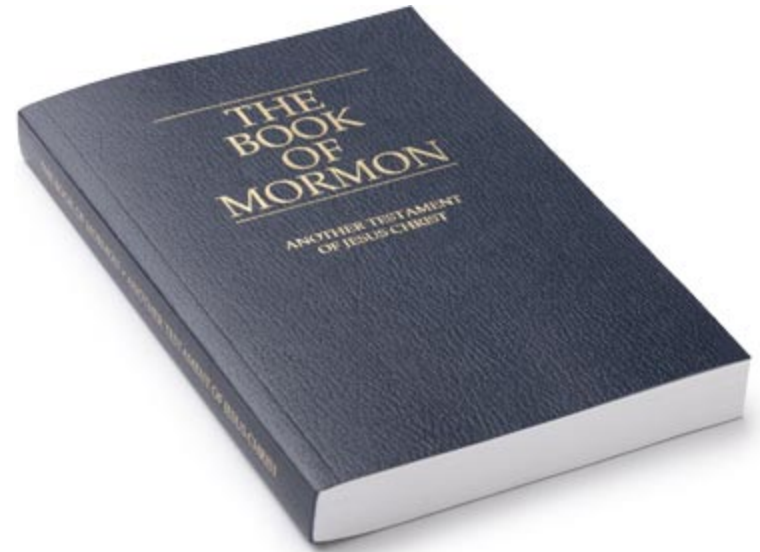
Abra



**Abra** is a psychic-type Pokémon. Its yellow face is kite-shaped and its wide eyes are normally closed. Abra can sense danger by reading minds and can teleport itself to a safe location.



**POKÉMON**™



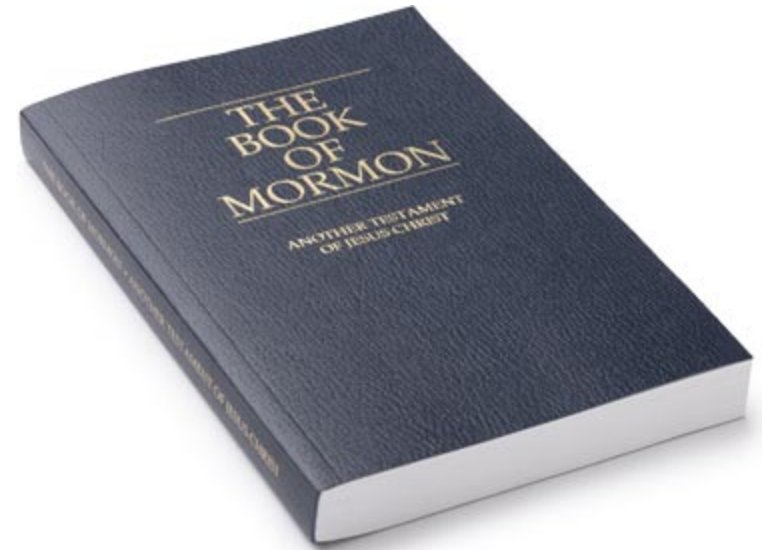
# Manti



# THE BOOK OF MORMON

**Manti** was a Nephite spy who reported that the Amlicites joined the Lamanite army. See [Alma 2:22-25](#).





Helorum



# THE BOOK OF MORMON

**Helorum** was a son of King Benjamin. He was taught in all the languages of his fathers, that he might become a man of understanding and know prophecies. See [Mosiah 1:2-3](#).



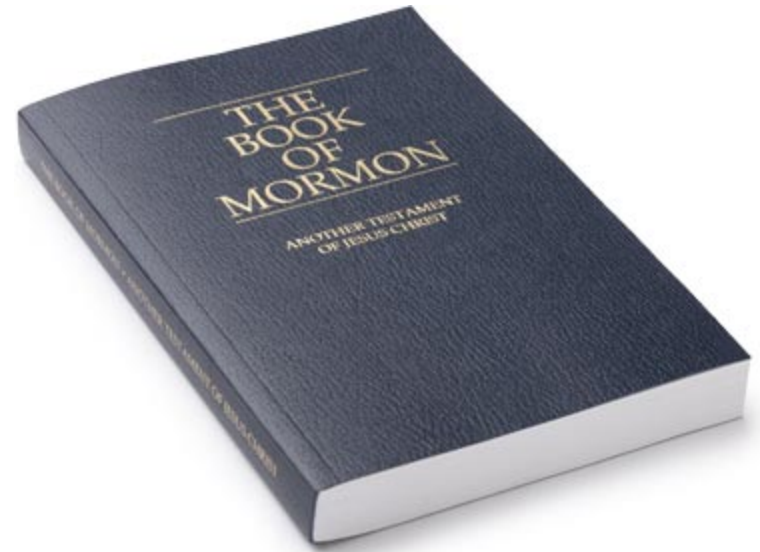
# Pancham



**Pancham** is a fighting-type Pokémon. It resembles a small panda and has black circles around its eyes. Pancham carries a small, green leaf in its mouth in an attempt to look cool.



**POKÉMON**™

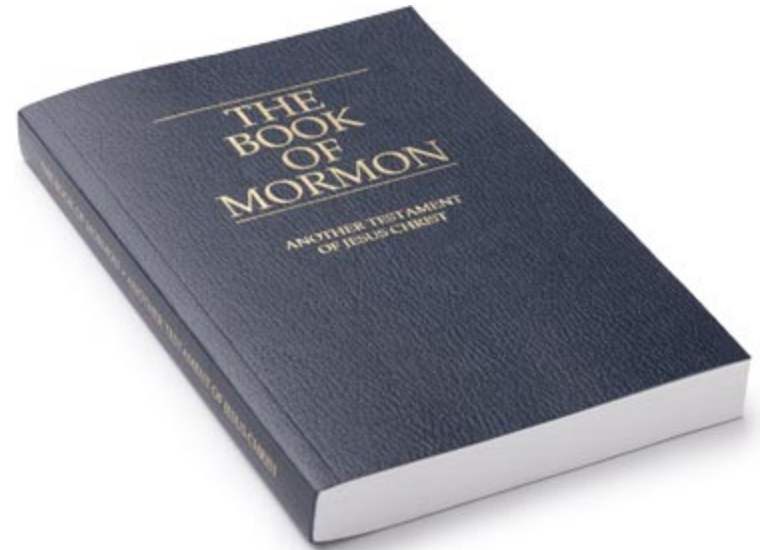


Mulek



# THE BOOK OF MORMON

**Mulek** was the only surviving son of the Old Testament king Zedekiah. He travelled to the Americas and established a civilization there that would later join the Nephites. See [Helman 6:10](#), [8:21](#).



Cresselia

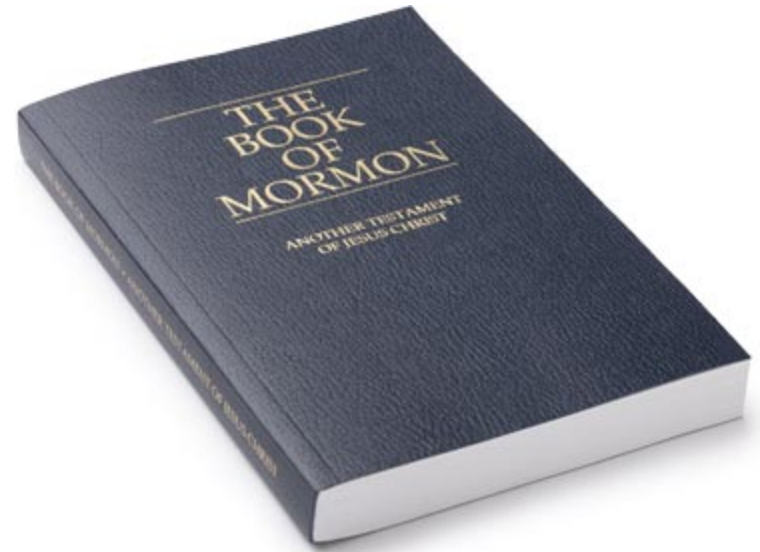


**Cresselia** is a psychic-type Pokémon. It is not known to evolve into or from any other Pokémon. It has the power to dispel nightmares and holding one of its feathers brings happy dreams.



**POKÉMON**™





Chatot



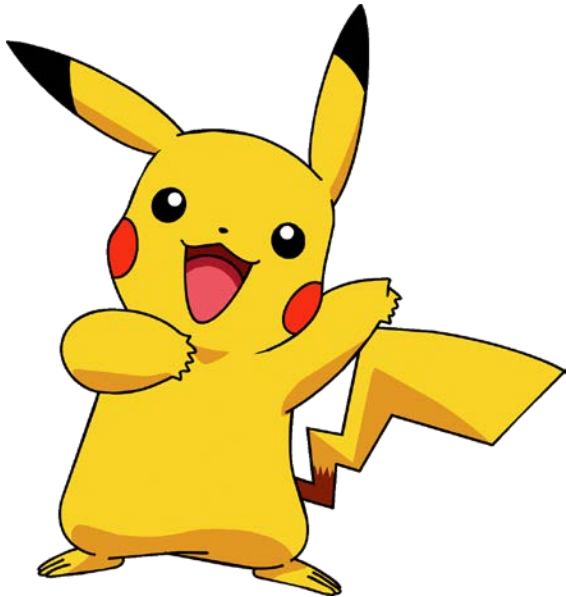
**Chatot** dual-type normal/flying Pokémon. Its head resembles an eighth note and its black tail resembles a metronome. It is able to mimic the sound of other Pokémon.



**POKÉMON**™

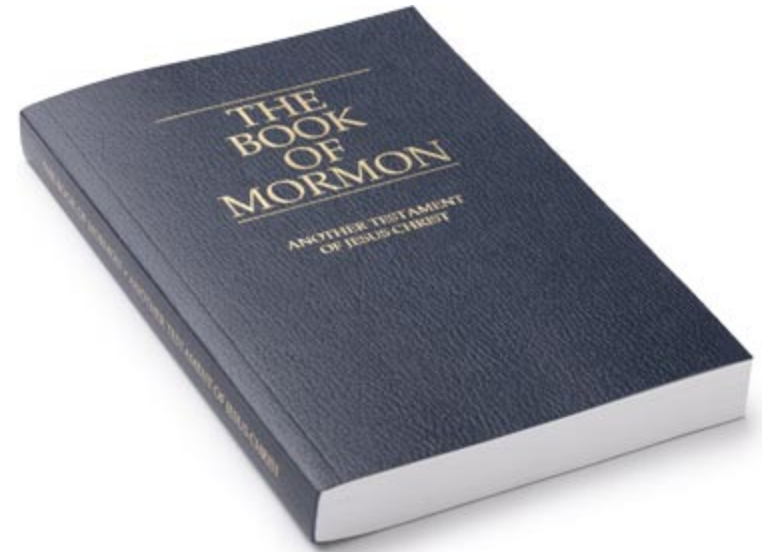


Neum



# THE BOOK OF MORMON

**Neum** was an ancient Hebrew prophet that was quoted by Nephi. Neum prophesized about Christ's crucifixion. See [1 Nephi 19:10](#).

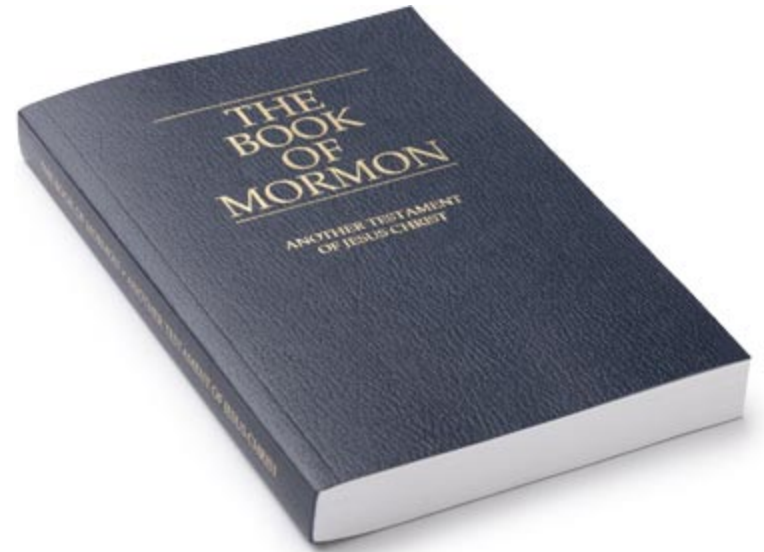


Pachus



# THE BOOK OF MORMON

**Pachus** was king over a group of Nephite dissenters who had taken over Zarahemla. He battled with Moroni and was slain. See [Alma 62:6-8](#).



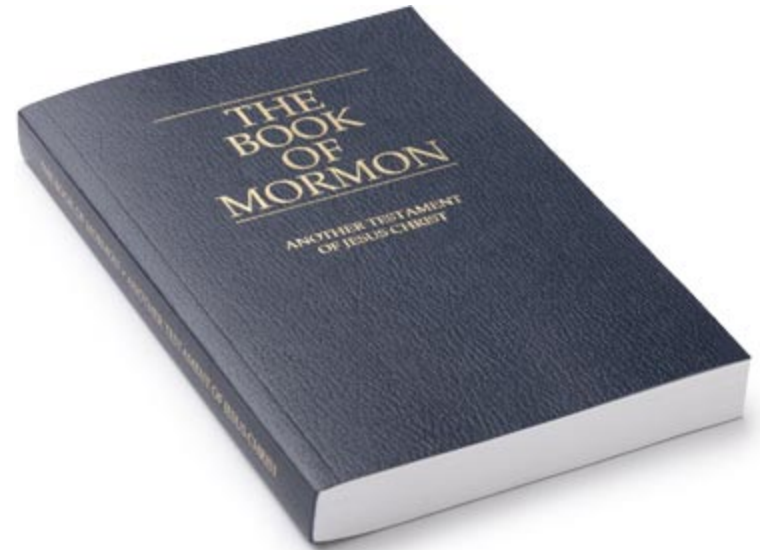
Shiz



# THE BOOK OF MORMON

**Shiz** was a Jaredite military leader who slayed many people and overthrew many cities. He died at the end of the great battle that destroyed the entire Jaredite nation. See [Ether 14:17-15:31](#).





Goodra



**Goodra** is a dragon-type Pokémon. It is coated and dripping with goo. Goodra is capable of throwing very hard punches, and its slimy skin makes him slippery against enemies.



**POKÉMON**™

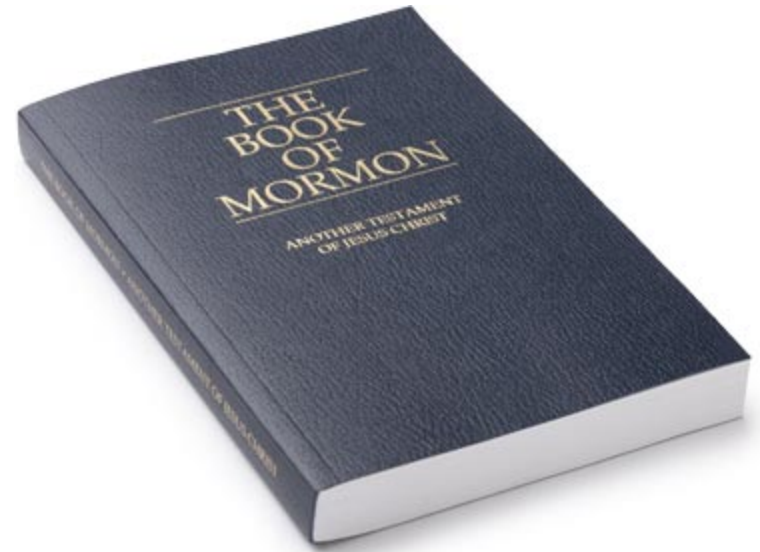


Pahoran



# THE BOOK OF MORMON

**Pahoran** was the third chief judge of the Nephites. Pahoran led an army with Moroni to take back Zarahemla and Pahoran was restored to the judgment seat. See [Alma, chap. 62](#).

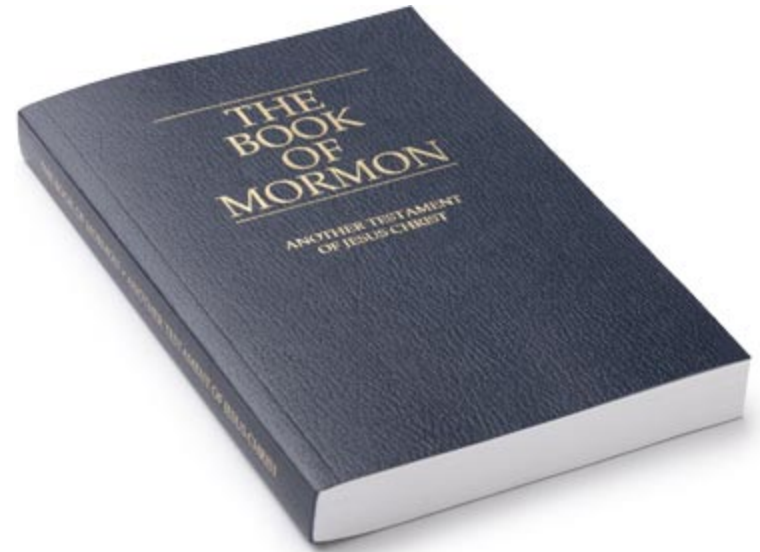


# Tubaloth



# THE BOOK OF MORMON

**Tubaloth** was a Lamanite king and son of Ammoron. He stired the Lamanites to anger so that they would go to war with the Nephites. See [Helaman 1:16-17](#).



Ponyta

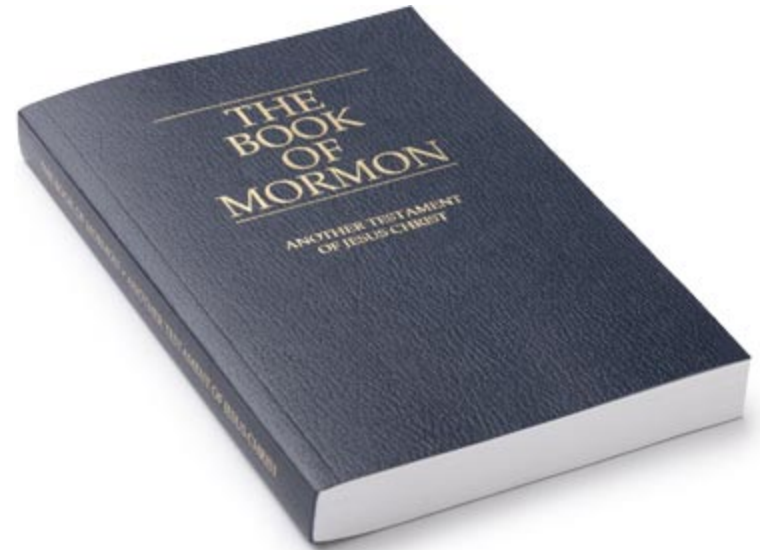


**Ponyta** is a fire-type Pokémon. Its fiery mane and tail grows about an hour after hatching. Its hooves are said to be harder than diamonds.



**POKÉMON**™





Nimrah

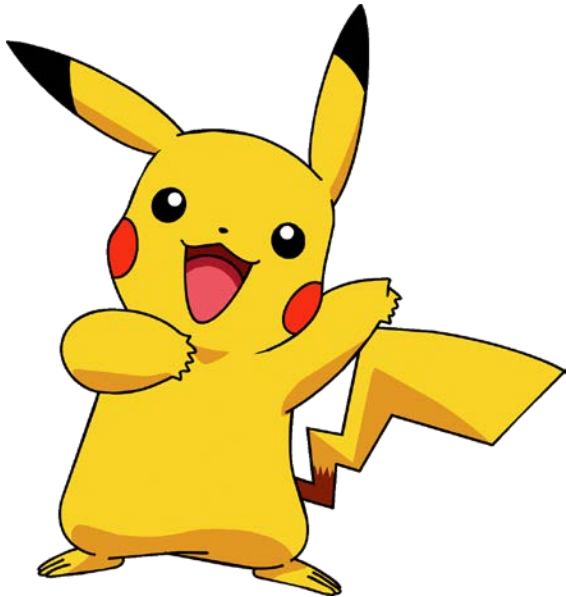


# THE BOOK OF MORMON

**Nimrah** was a Jaredite and son of Akish. After Akish starved to death one of his sons (Nimrah's brother), Nimrah gathered a small number of people and fled. See [Ether 9:8-9](#).

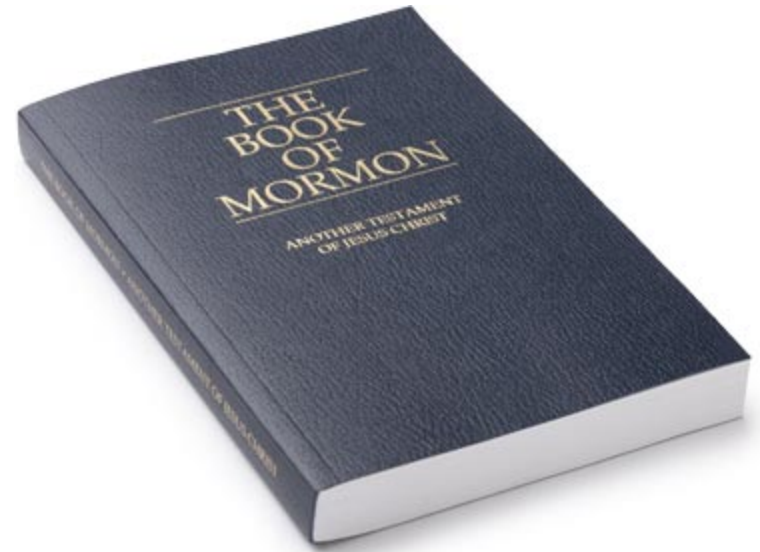


# Zenephi



# THE BOOK OF MORMON

**Zenephi** was a Nephite commander in the last battles against the Lamanites. As the spirit of the Lord withdrew from both sides, Zenephi and his army ran off with provisions of food that could have saved many people. See [Moroni 9:16](#).

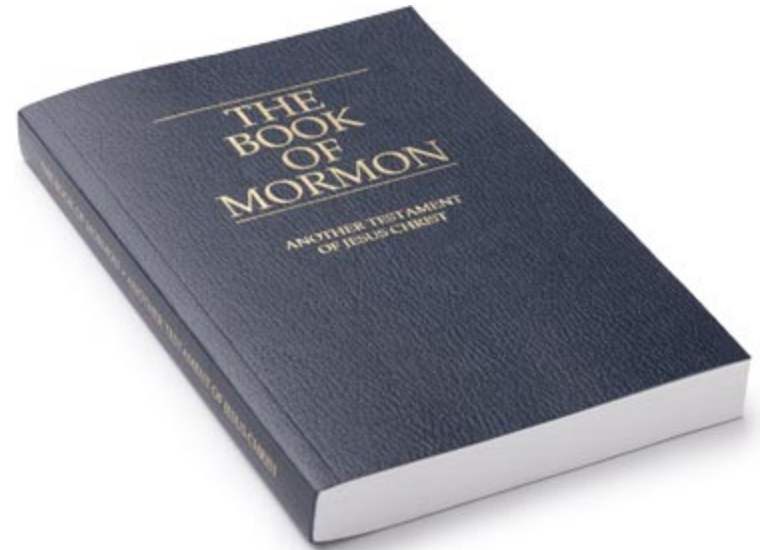


Shule



# THE BOOK OF MORMON

**Shule** was a Jaredite king who ruled righteously and created a law throughout the land that protected prophets. The prophets were free to go wherever they needed to do the Lord's work. See [Ether 7:23-25](#).



Golbat

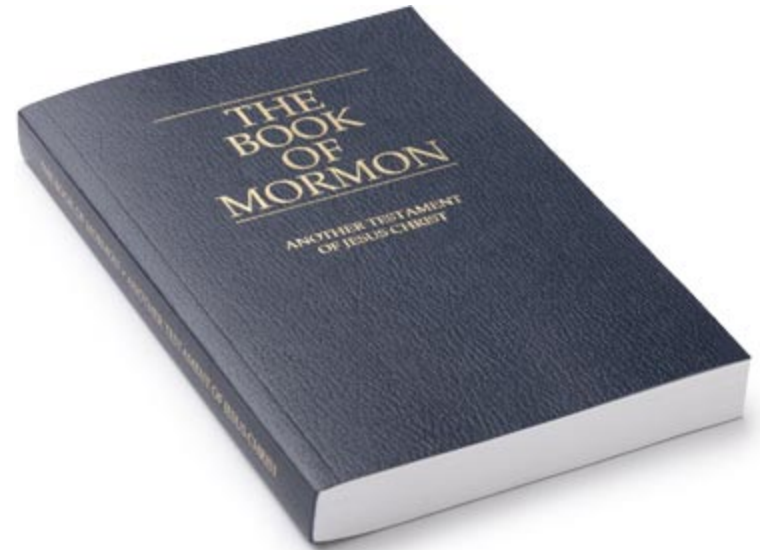


**Golbat** is a dual-type poison/flying Pokémon. It is a large, blue bat with fangs sharp enough to pierce thick hide. You often can't see it, but it has a long purple tongue.



**POKÉMON**™





Zeram



# THE BOOK OF MORMON

**Zeram** was a Nephite spy who reported that the Amlicites joined the Lamanite army. See [Alma 2:22-25](#).



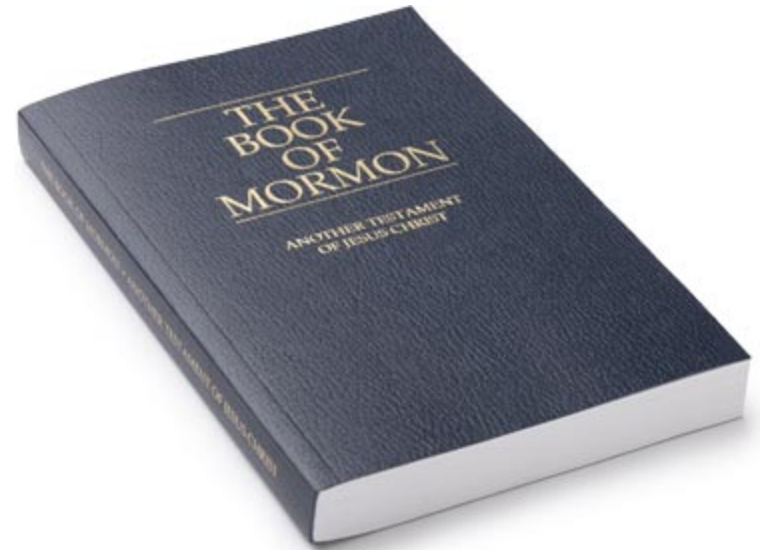
Bibarel



**Bibarel** is a water-type Pokémon that resembles a beaver. Its brown fur covers most of its body with a tan circle on its chest. It is a master of building dams.



**POKÉMON**™

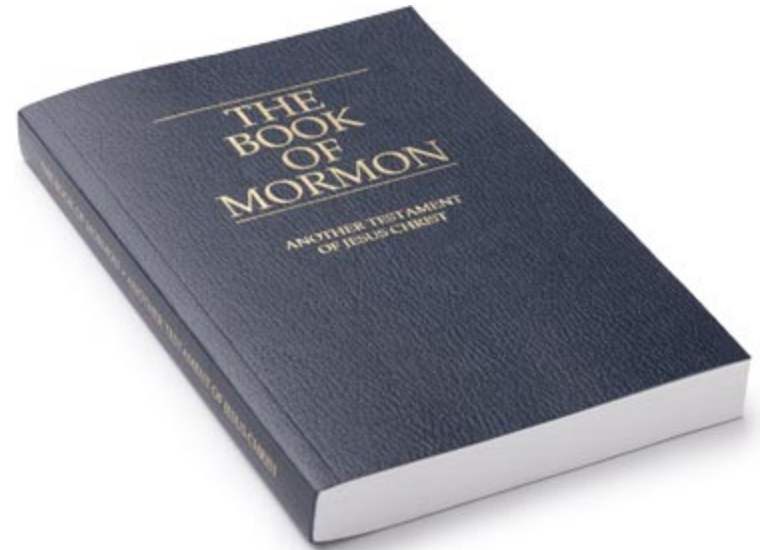


Lamah



# THE BOOK OF MORMON

**Lamah** was a Nephite commander who led an army of 10,000 soldiers against the Lamanites. Lamah and his soldiers were all slain. See [Mormon 6:14](#).



Cherrim



**Cherrim** is a grass-type Pokémon with two different forms-overcast form and sunshine form-depending on the weather. When hit with a strong ray of sunlight, it blooms.



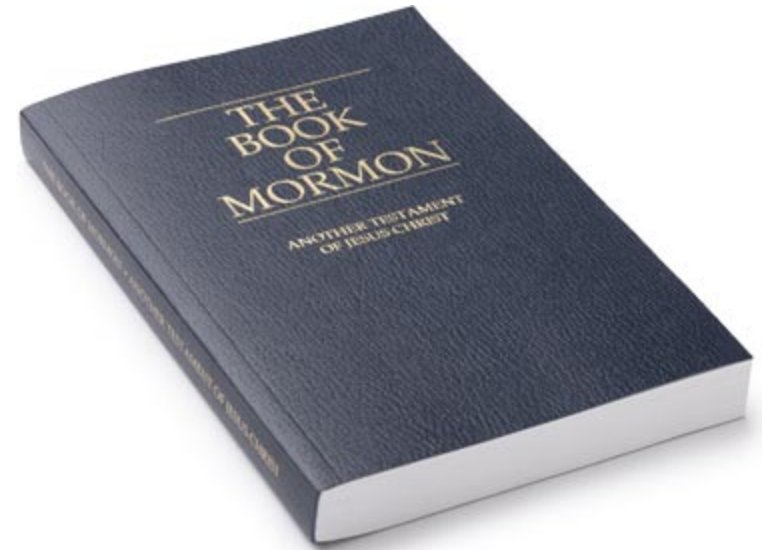
Overcast Form



Sunshine Form

**POKÉMON**™





Aminadab



# THE BOOK OF MORMON

**Aminadab** was born a Nephite but fell away from the Church. He joined the Lamanites but later told the Lamanites that they must repent. See [Helaman 5:34-41](#).



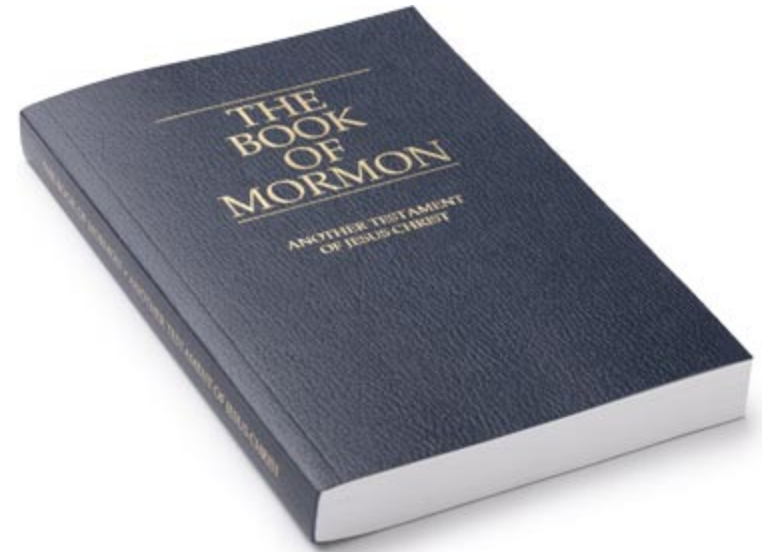
Ekans



**Ekans** is a poison-type Pokémon. It's a purple slithery snake with yellow eyes, a thick stripe around its neck, and a yellow rattle on its tail. Its jaw can detach to swallow large prey.



**POKÉMON**™

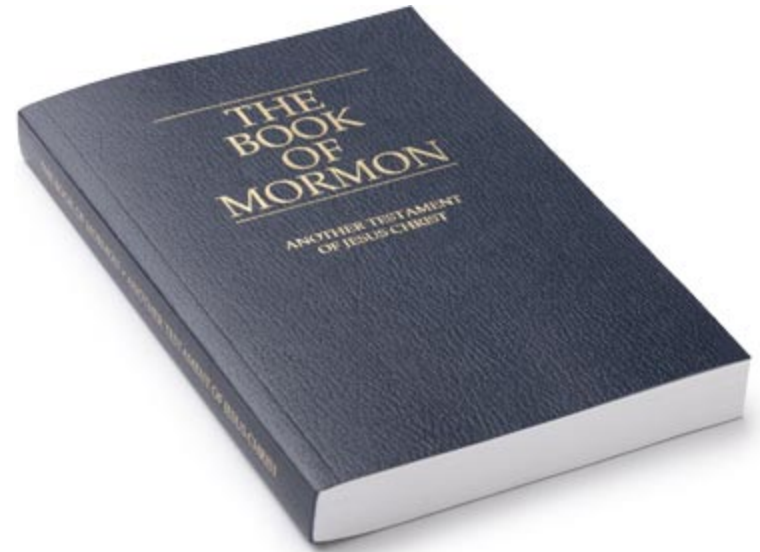


Ammah



# THE BOOK OF MORMON

**Ammah** was a Nephite missionary and a companion to Aaron. He was part of the missionary delegation to the Lamanites that eventually led to the conversion of the Ammonites. See [Alma 21:11](#).



Arbok

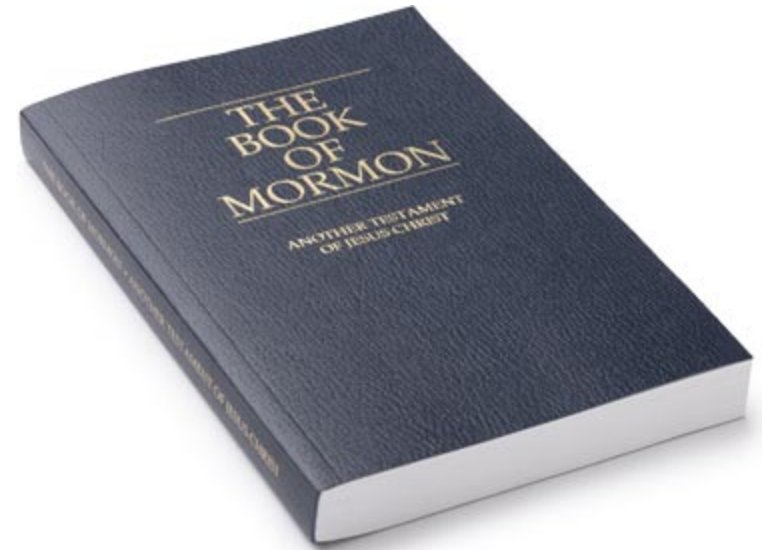


**Arbok** is a poison-type Pokémon. It's a serpent with purple scales all over its body. It has a large hood below its head and is known for spending long periods underwater.



**POKÉMON**™





Giddianhi



# THE BOOK OF MORMON

**Giddianhi** was chief of the Gadianton robbers and an army general. He was the governor of the secret society and commanded his army against the Nephites. See [3 Nephi 4:5-6](#).



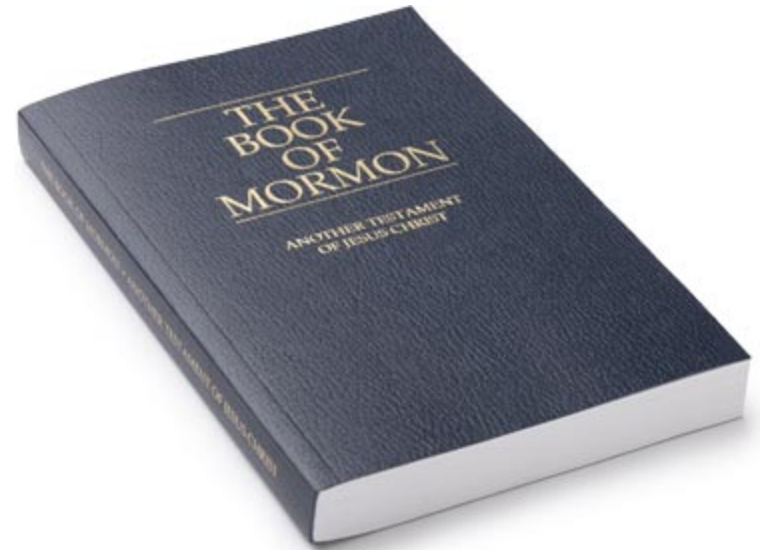
Mantyke



**Mantyke** is a friendly dual-type water/flying Pokémon. Its body resembles a manta ray. Its antennae are used to sense ocean currents.



**POKÉMON**™

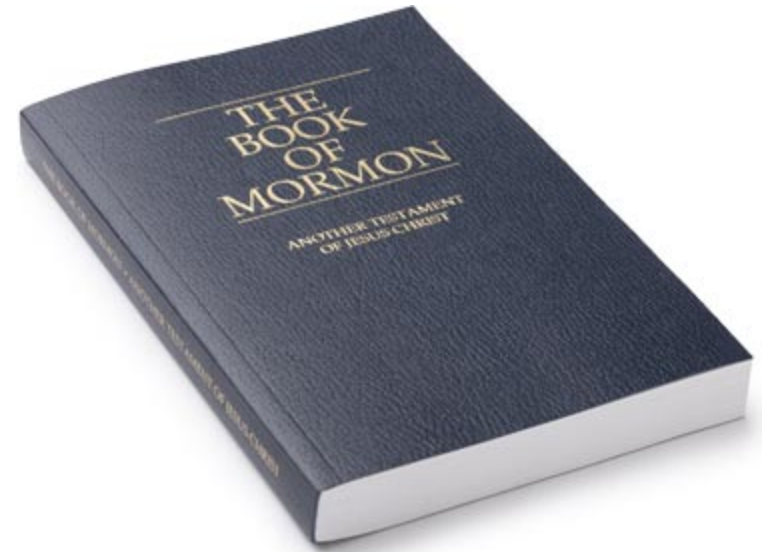


# Hearthom



# THE BOOK OF MORMON

**Hearthom** was an early Jaredite king. He reigned for 24 years but his kingdom was overthrown and he was taken into captivity, where he died. See [Ether 10:30](#).



Nidoran

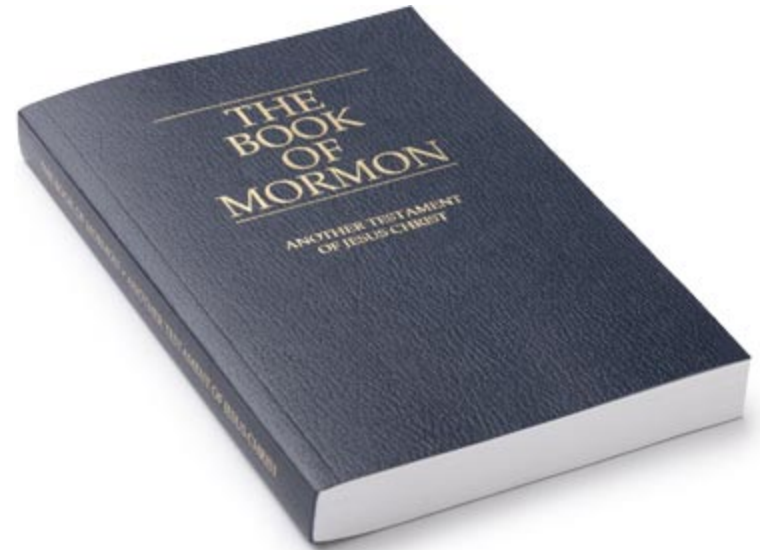


**Nidoran** is a small poison-type Pokémon that resembles a rodent. When angry, it extends its toxic spikes and charges, stabbing with its horn to inject poison.



**POKÉMON**™





Oddish



**Oddish** is a dual-type grass/poison Pokémon. It resembles a blue plant bulb with a round body, beady eyes, and oval foot-like roots.



**POKÉMON**™

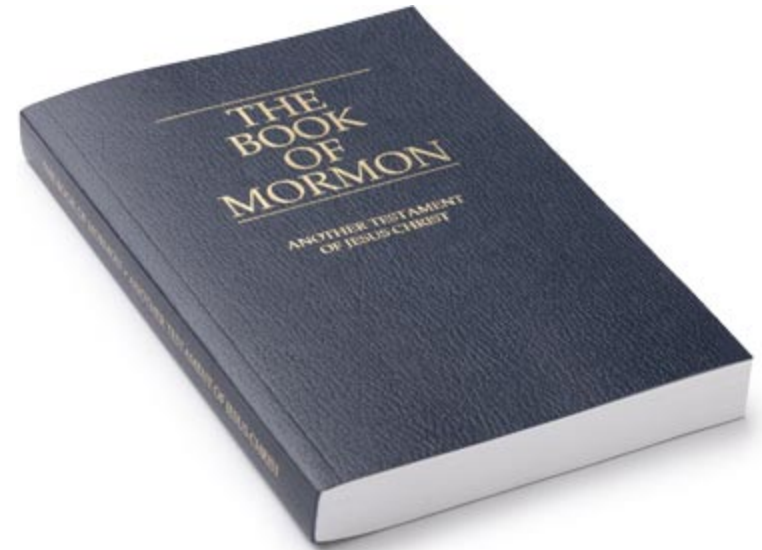


Emer



# THE BOOK OF MORMON

**Emer** was son of Omer and father of Coriantum and was annointed king over the Jaredites. The people became exceedingly strong during his reign. See [Ether 9:14-16](#).

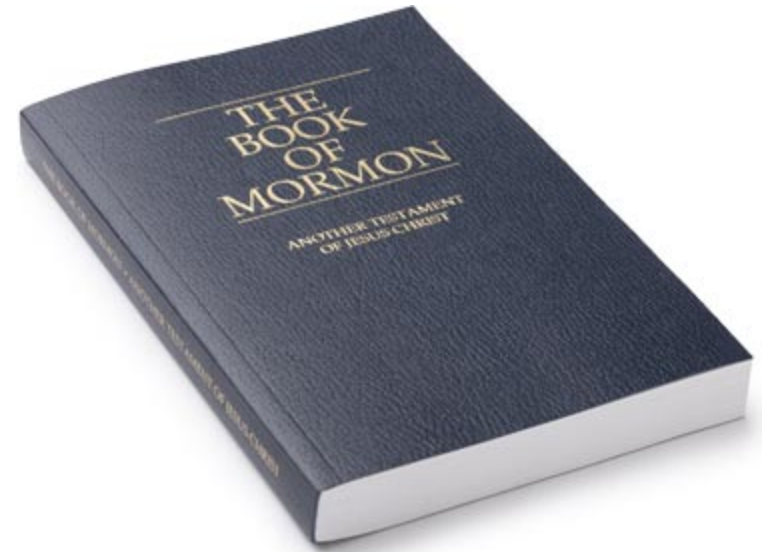


# Kishkumen



# THE BOOK OF MORMON

**Kishkumen** was a leader of the Gadianton robbers. He was an assassin and killed one of the Nephite chief judges. See [Helaman 1:9-12](#).



Persian

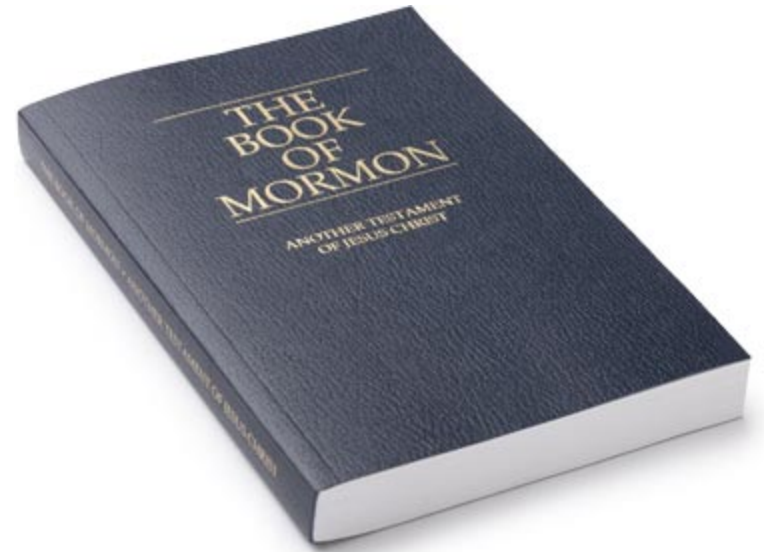


**Persian** is a normal-type Pokémon. It resembles a feline and has pale tan fur and black-rimmed ears. It will scratch anyone, including its trainers.

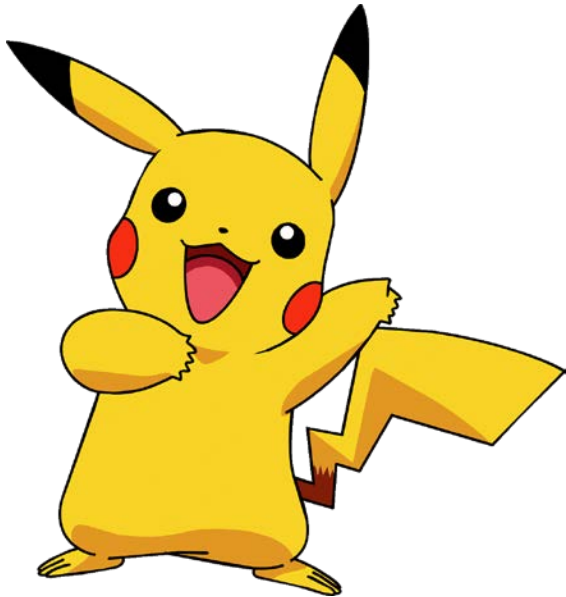


**POKÉMON**™





Arcanine



**Arcanine** is a fire-type Pokémon. It resembles a canine and has an orange pelt with black stripes. It is super fast and capable of running 6,200 miles in 24 hours.



**POKÉMON**™

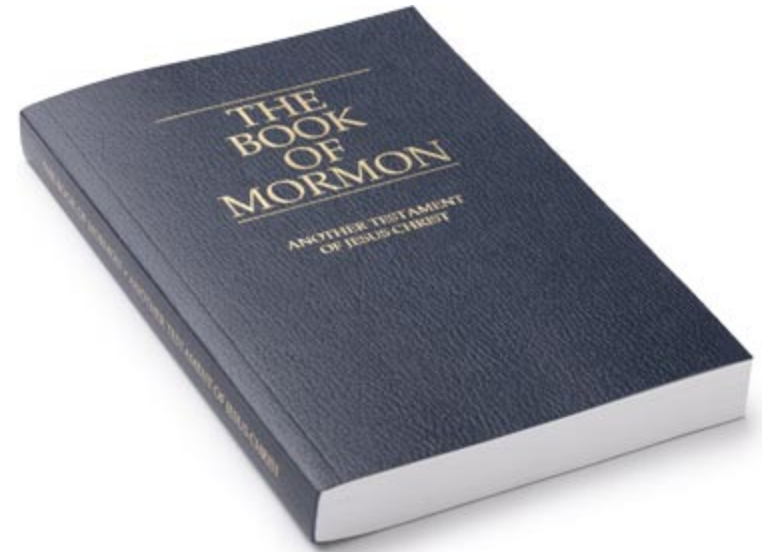


Teancum



# THE BOOK OF MORMON

**Teancum** was a great Nephite military leader. He slaid Morianton and defeated the armies of Amalickiah. He snuck into the camp of the Lamanites and killed the king but was slain by the king's servants. See [Alma 50:35](#), [51:29-34](#), [62:35-36](#).

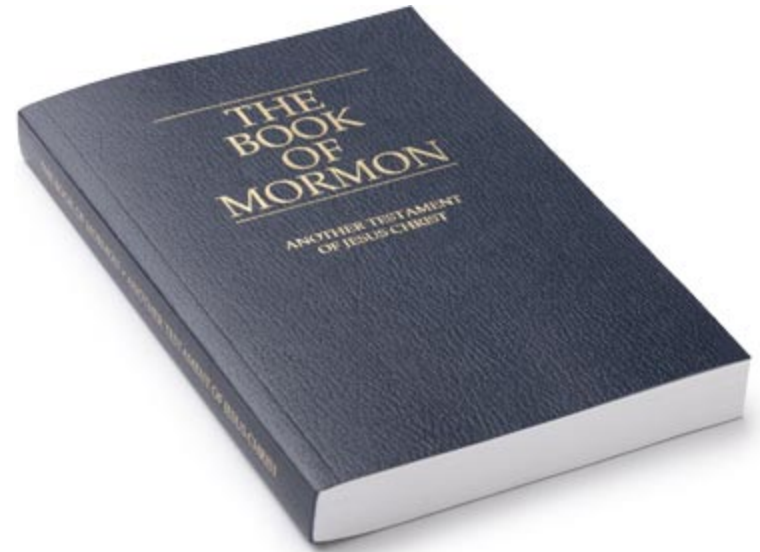


Limhah



# THE BOOK OF MORMON

**Limhah** was a Nephite commander who led an army of 10,000 soldiers against the Lamanites. Limhah and his soldiers were all slain. See [Mormon 6:14](#).



Machoke

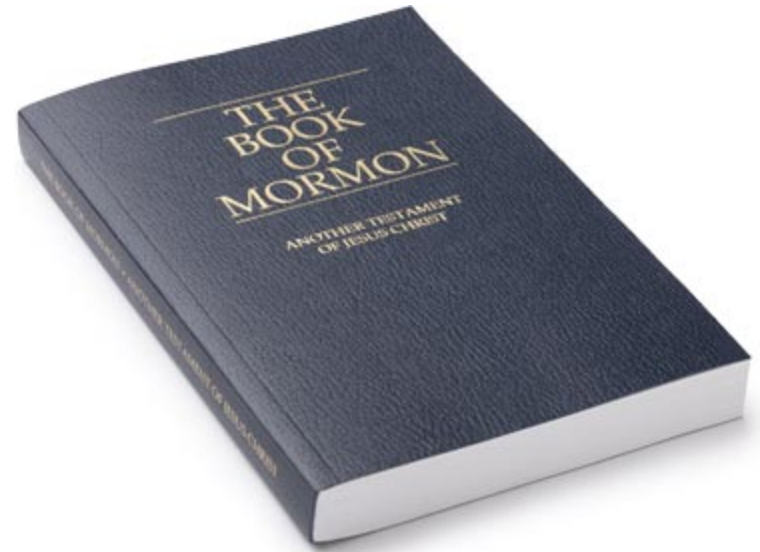


**Machoke** is a fighting-type Pokémon. It has a reptilian face with a short snout. It has immense strength and muscles as hard as steel.



**POKÉMON**™





Luram



# THE BOOK OF MORMON

**Luram** was a Nephite military officer described by Mormon as one of his “choice men.” He was slain by the Lamanite army in battle. See [Moroni 9:2](#).



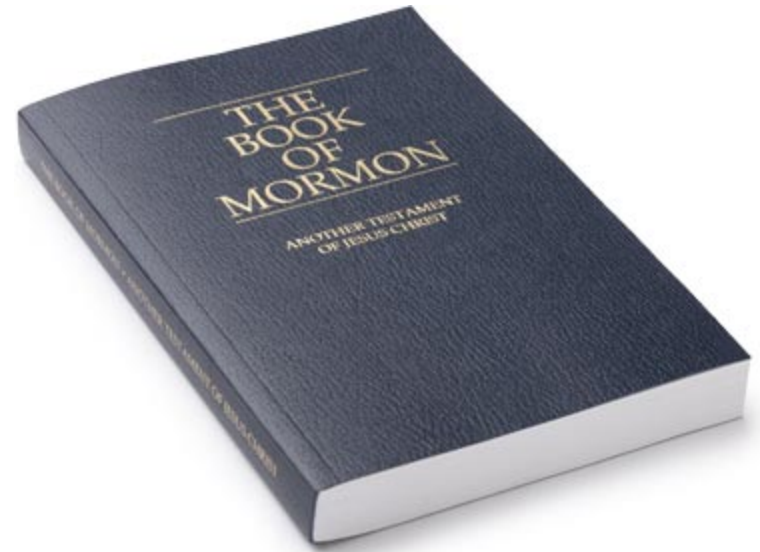
Muk



**Muk** is poison-type Pokémon. Its large and sticky and made of living purple sludge. It leaks toxins that instantly kill all plant life it touches.



**POKÉMON**™

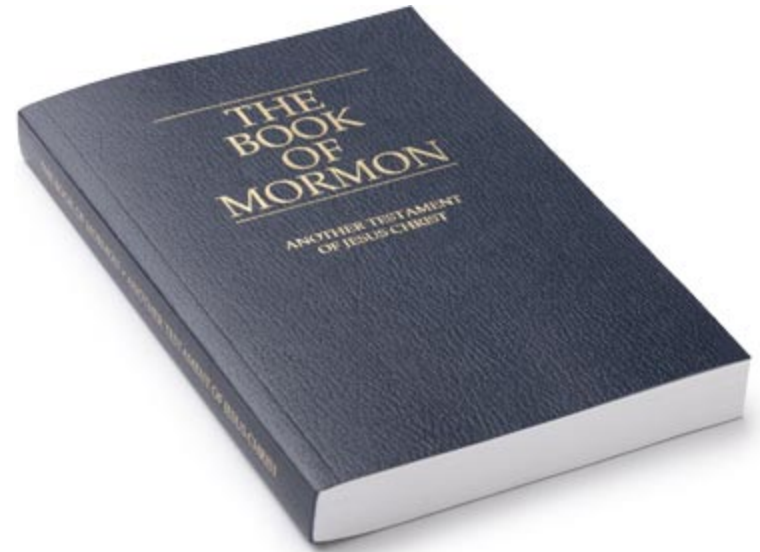


Mathoni



# THE BOOK OF MORMON

**Mathoni** was one of twelve Nephite disciples chosen by Jesus to minister to the Nephites. See [3 Nephi 19:4](#).



Shellder

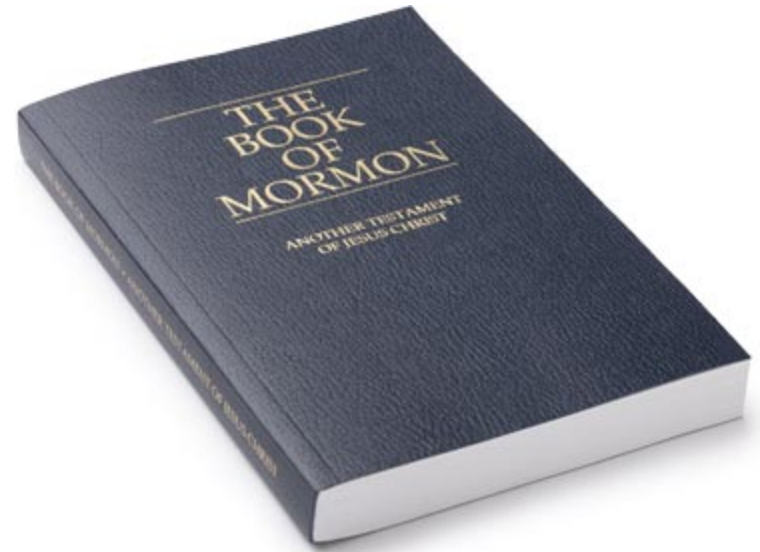


**Shellder** is a water-type Pokémon. It has an enormously long red tongue that can be used to burrow itself into sand to sleep overnight.

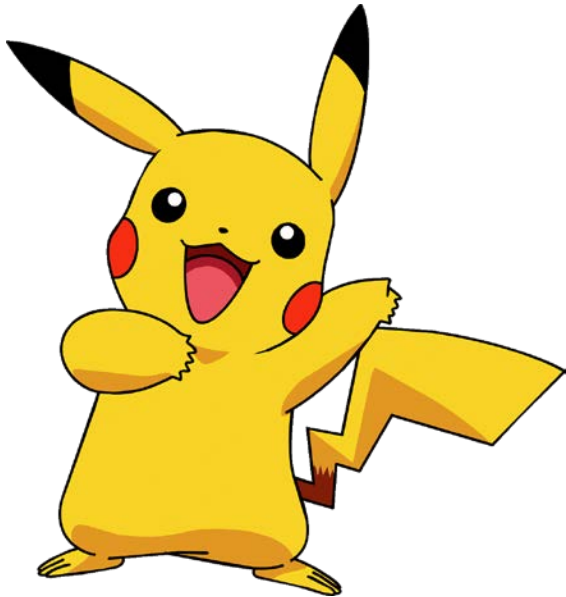


**POKÉMON**™





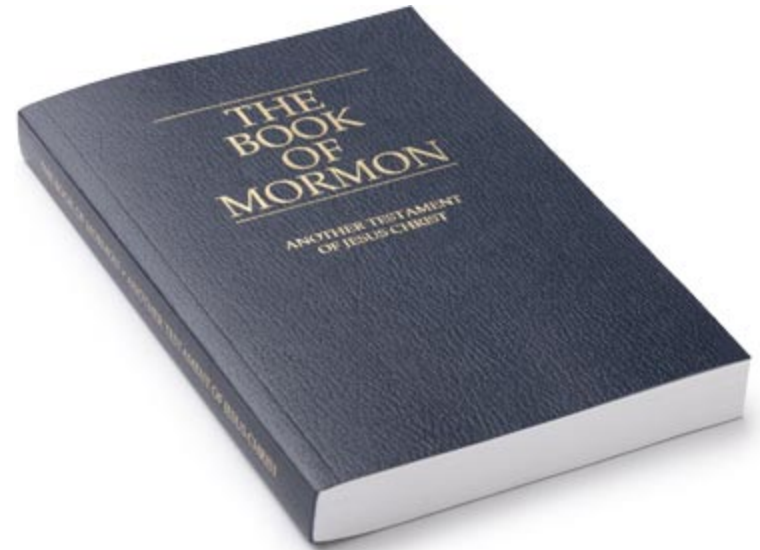
Musharna



**Musharna** is a psychic-type Pokémon. Dream Mist seeps out of its forehead and can be of various colors depending on what kind of dreams Musharna has eaten.



**POKÉMON**™

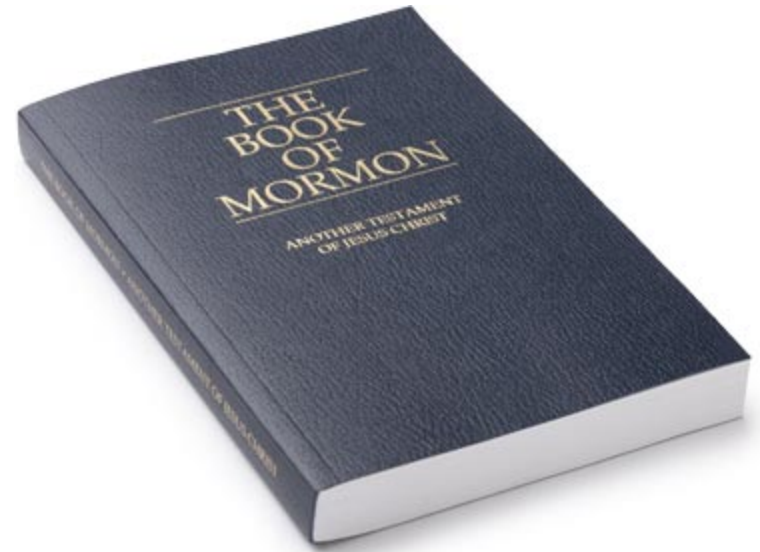


Seantum



# THE BOOK OF MORMON

**Seantum** was a Nephite who joined the Gadianton robbers. He murdered his brother, who was chief judge of the Nephites at the time. See [Helaman 9:6, 26-37](#).



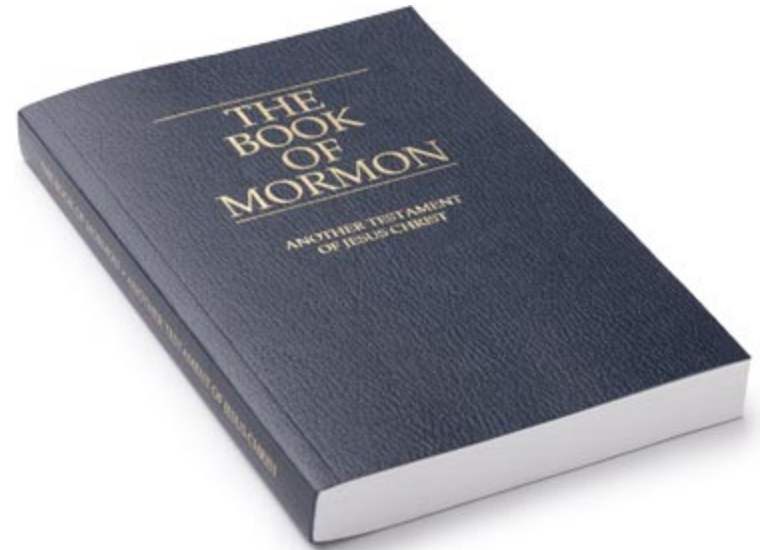
Throh



**Throh** is a fighting-type Pokémon. It has a bulky, red body and rocky skin. It has a black belt and is a master fighter.



**POKÉMON**™



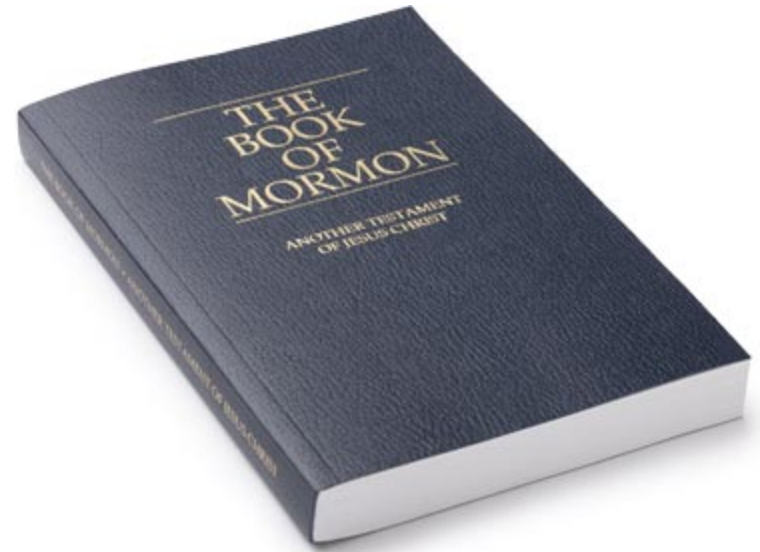
# Lachoneus



# THE BOOK OF MORMON

**Lachoneus** was the chief judge of the Nephites during the time of the birth of Jesus Christ. He led the Nephites in constant war against the Gadianton robbers. See [3 Nephi, chap. 3](#).





Zorua



**Zorua** is a dark-type Pokémon. It resembles a fox with triangular ears and a tuft of red hair on its head. Zorua can change physical appearances as an illusion.



**POKÉMON**™

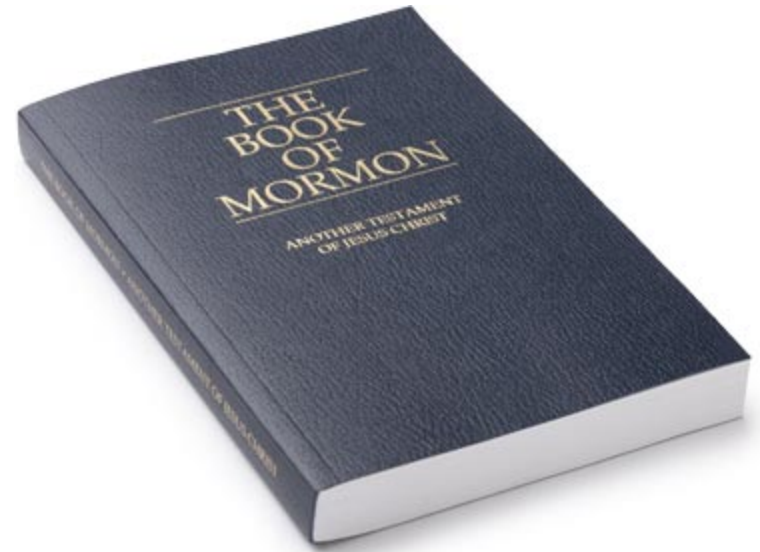


Limher



# THE BOOK OF MORMON

**Limher** was a Nephite spy who reported that the Amlicites joined the Lamanite army. See [Alma 2:22-25](#).



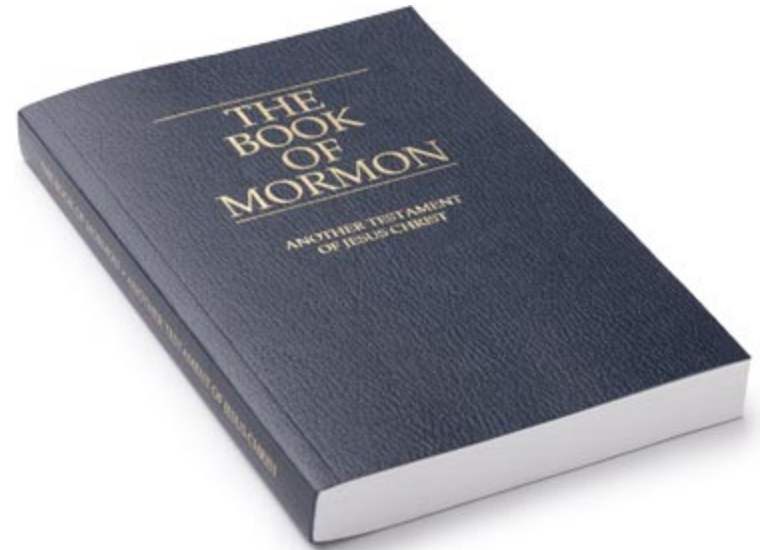
Chansey



**Chansey** is a normal-type Pokémon. It is round and pink and has three hair-like growths on the sides of its head. It lays several nutritious eggs every day, which it carries in its pouch.



**POKÉMON**™



Goldeen



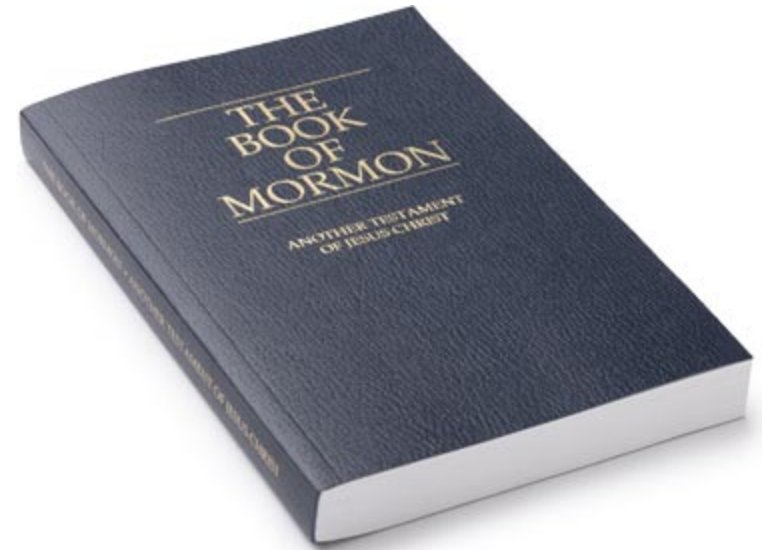


**Goldeen** is a water-type Pokémon. It has a thin dorsal fin and long pectoral fins. It also has a horn that it will use to smash its way to freedom if kept in an aquarium.



**POKÉMON**™





Antiomno



# THE BOOK OF MORMON

**Antiomno** was a Lamanite King who ruled the land of Middoni. He was friend of Lamoni and endeavoured to help Ammon free his brothers from prison. See [Alma 20:1-7](#).



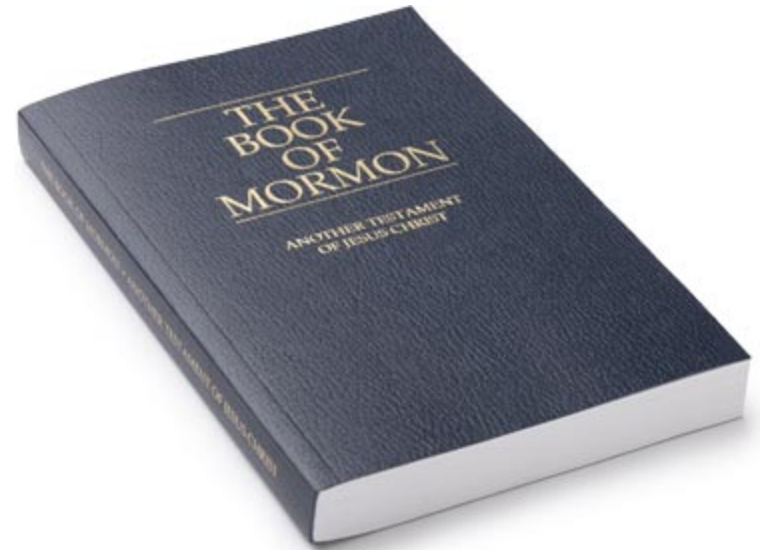
Lurantis



**Lurantis** is a grass-type Pokémon. It resembles an insect and has light red eyes and two green antennae. It looks and smells like a flower and can also disguise itself as a bug Pokémon.



**POKÉMON**™

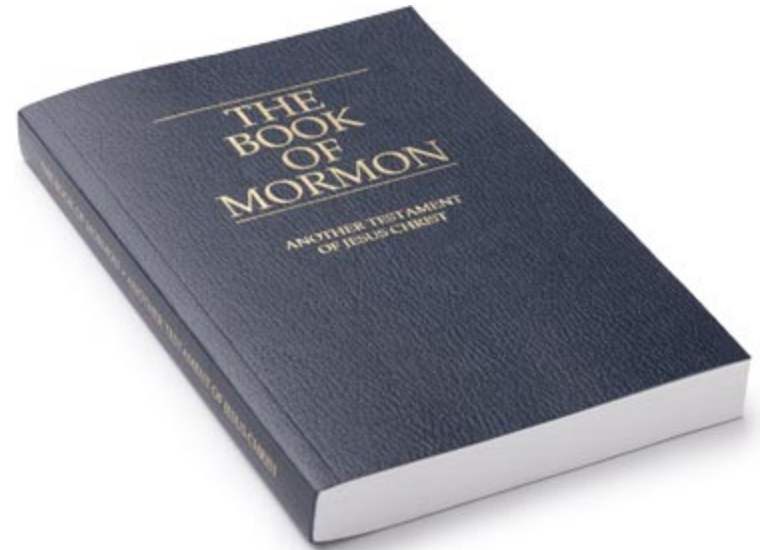


Kumenonhi



# THE BOOK OF MORMON

**Kumenonhi** was one of twelve Nephite disciples chosen by Jesus to minister to the Nephites. See [3 Nephi 19:4](#).



Omanyte

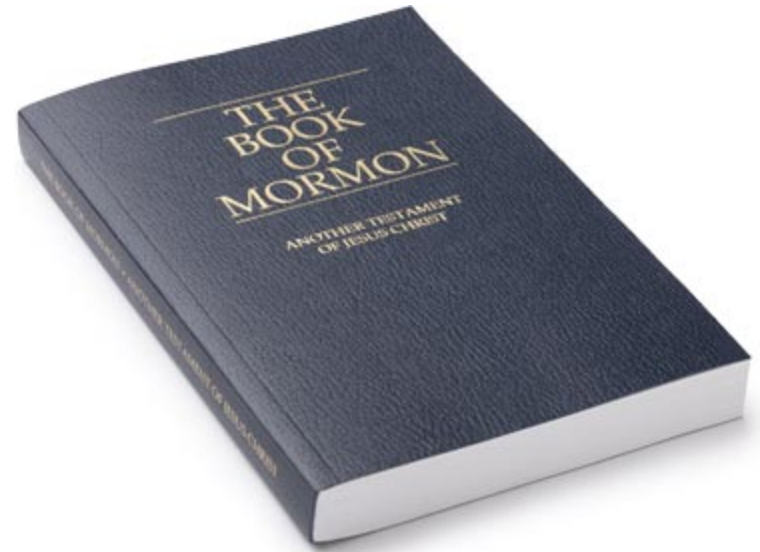


**Omanyte** is a dual-type rock/water Pokémon. It resembles a snail and has several gas-filled chambers in its shell, which it uses to float in water if necessary.



**POKÉMON**™





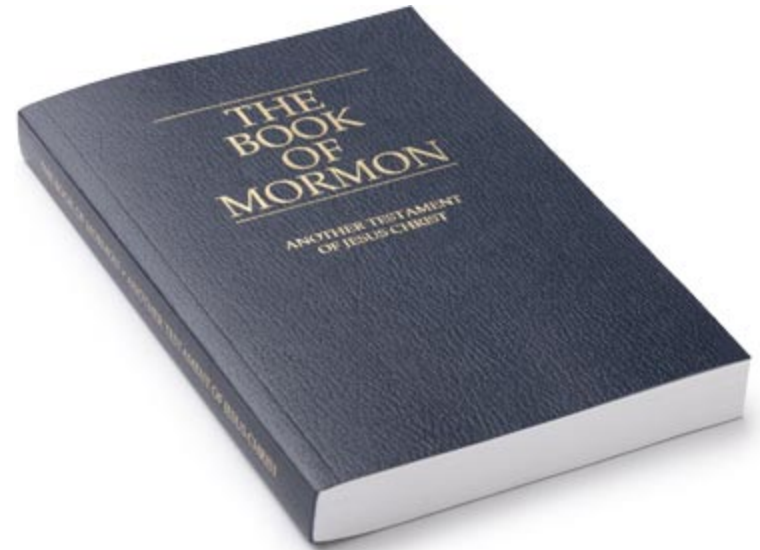
Ledian



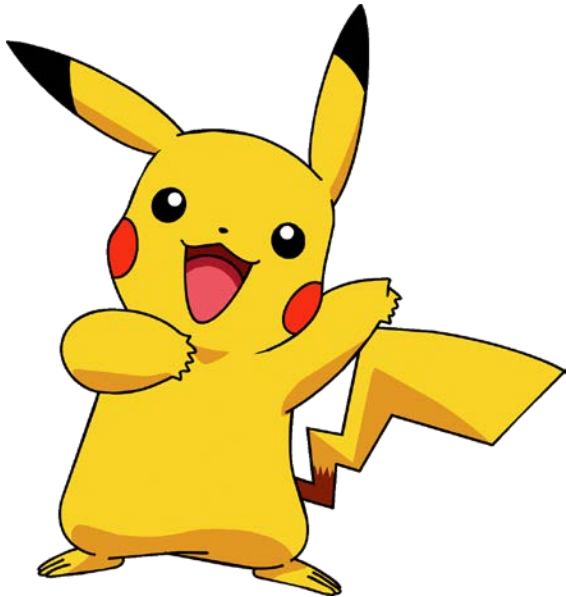
**Ledian** is a dual-type bug/flying Pokémon. It resembles a ladybug and loves eating berries. It fights by throwing a barrage of punches with its four arms.



**POKÉMON**™

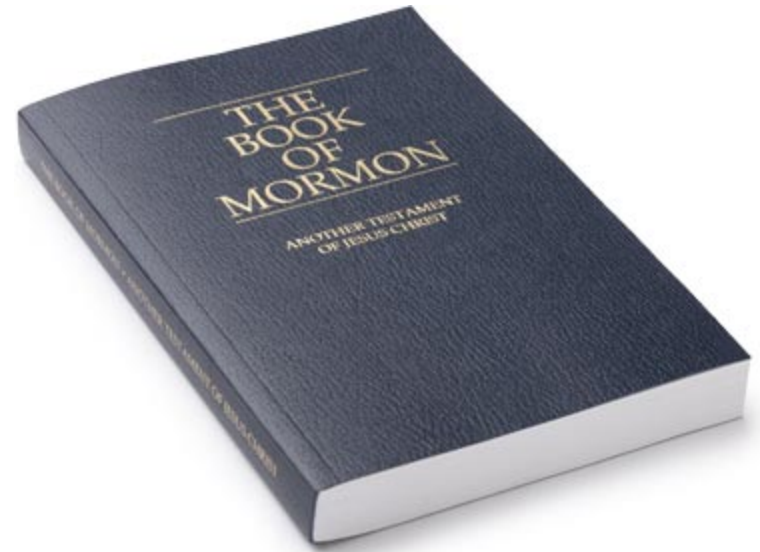


# Archeantus



# THE BOOK OF MORMON

**Archeantus** was a Nephite military officer described by Mormon as one of his “choice men.” He fell by the sword during battle with the Lamanites. See [Moroni 9:2](#).



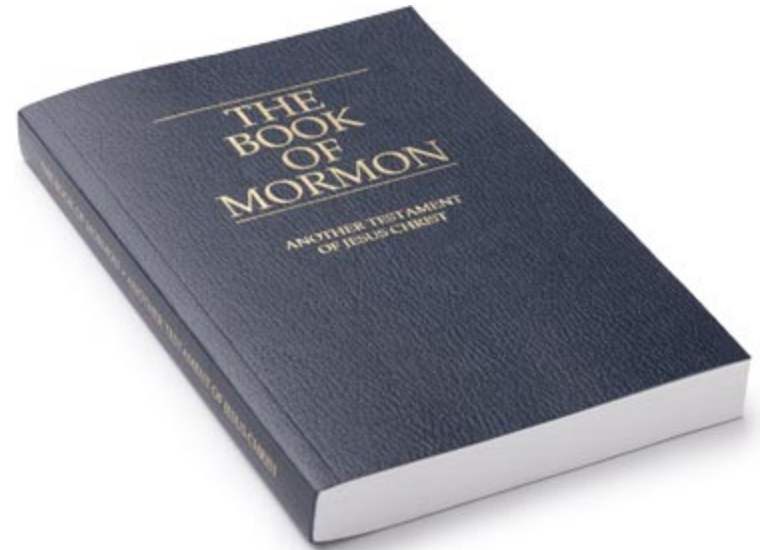
Mareep



**Mareep** is an electric-type Pokémon. It resembles a sheep with fluffly cream-colored wool. Its wool stores electricity and touching it will result in a large static shock.



**POKÉMON**™



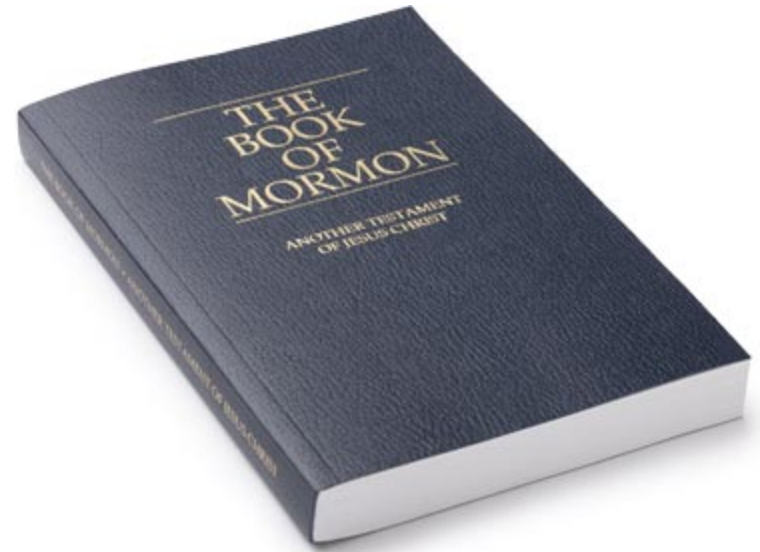
# Gidgiddonah



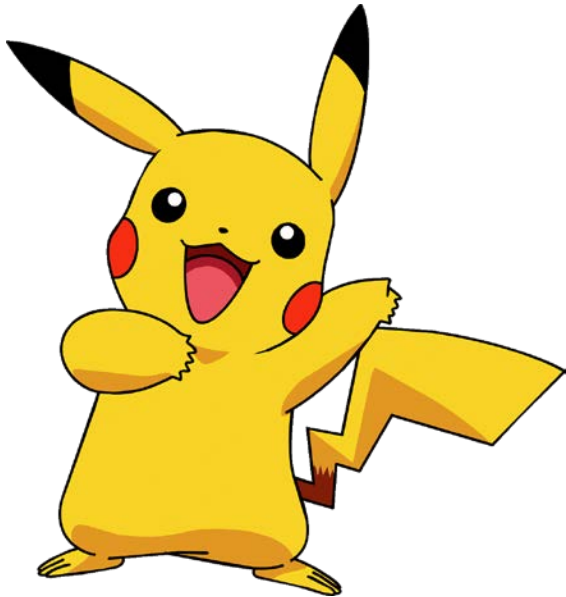
# THE BOOK OF MORMON

**Gidgiddonah** was a Nephite commander who led 10,000 soldiers to battle against the Lamanites. He and his army were slain. See [Mormon 6:13](#).





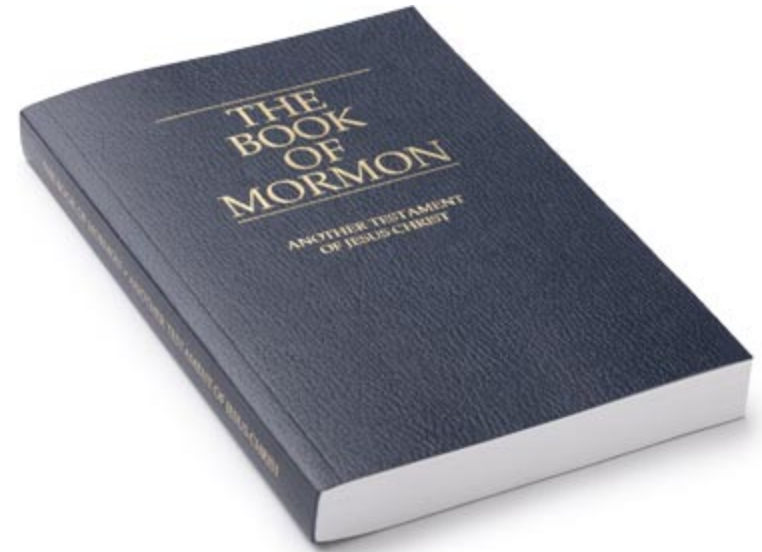
# Ampharos



**Ampharos** is an electric-type Pokémon. The orb on its tail can shine so bright that it can be seen from space. It can be used as a beacon or to send signals across the ocean.



**POKÉMON**™

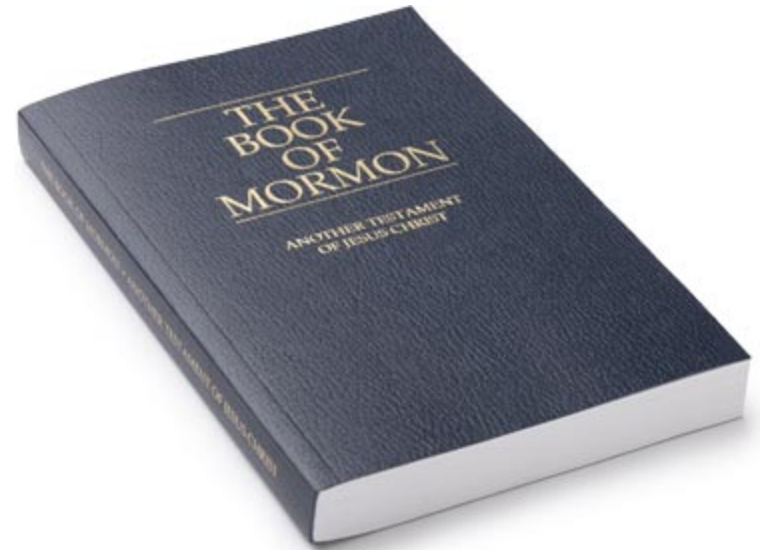


Riplakish



# THE BOOK OF MORMON

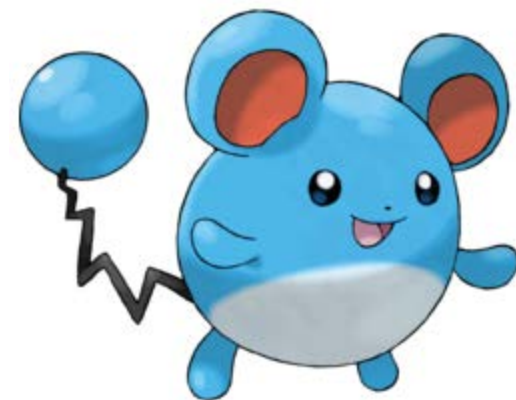
**Riplakish** was a Jaredite king who reigned unrighteously and afflicted people with heavy abominations. His people rebelled against him and killed him. See [Ether 10:5-8](#).



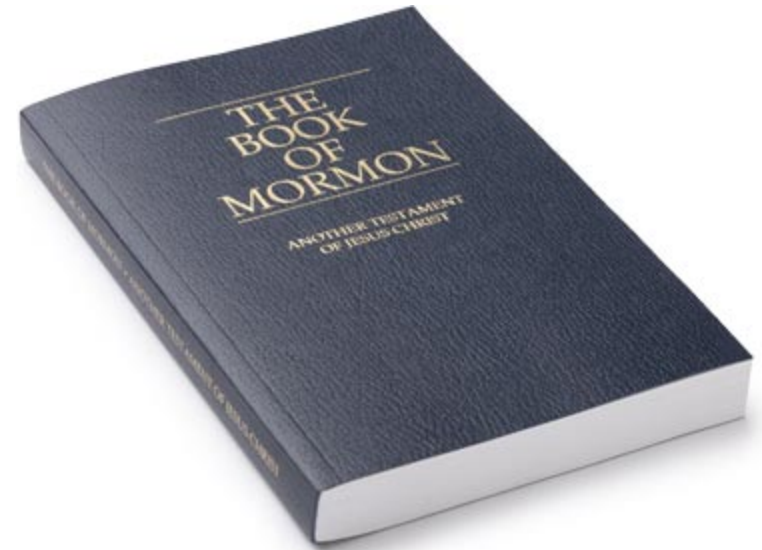
Marill



**Marill** is a dual-type water/fairy Pokémon. It has a nearly spherical body and a white belly. It looks like a mouse and is a great swimmer due to its water-repellent fur.



**POKÉMON**™



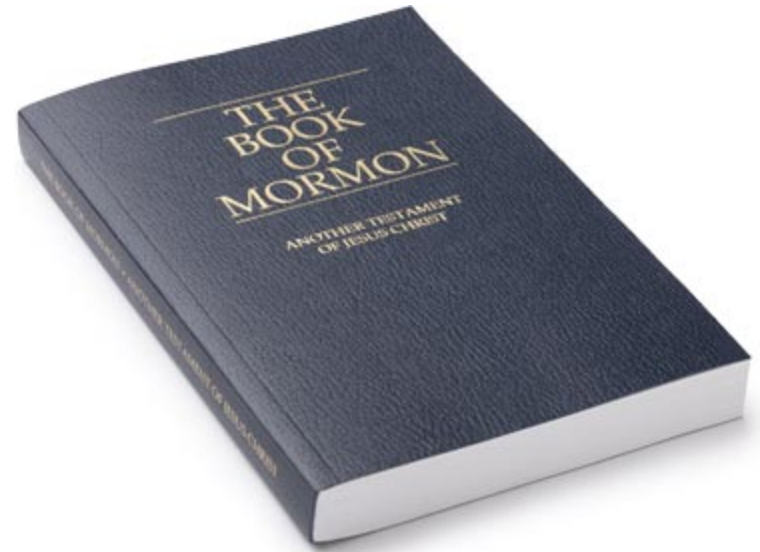
Kumen



# THE BOOK OF MORMON

**Kumen** was one of twelve Nephite disciples chosen by Jesus to minister to the Nephites. See [3 Nephi 19:4](#).





Elgyem



**Elgyem** is a psychic-type Pokémon. It resembles an alien with an oblong head and green button-like eyes. Its origin is said to be linked with a UFO crash.



**POKÉMON**™

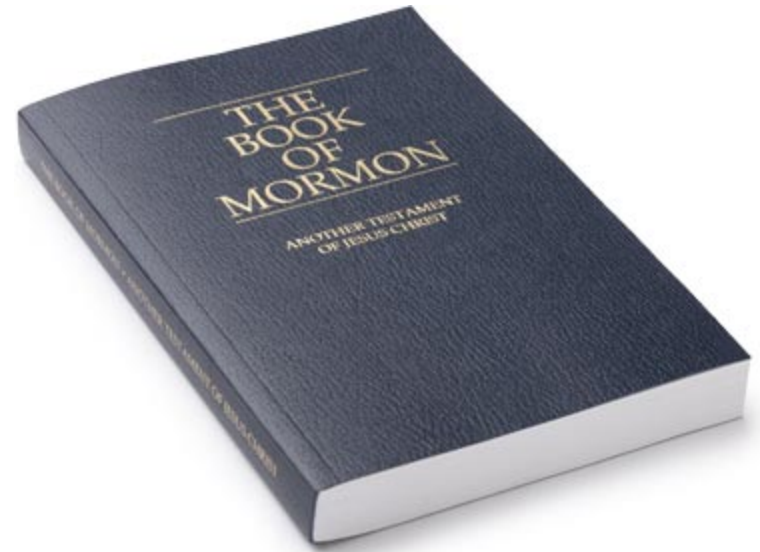


Paanchi



# THE BOOK OF MORMON

**Paanchi** contended to become chief judge of the Nephite people. He raised up a rebellion and sought to destroy the people. He was tried for his crimes and condemned to death. See [Helaman 1:3-8](#).



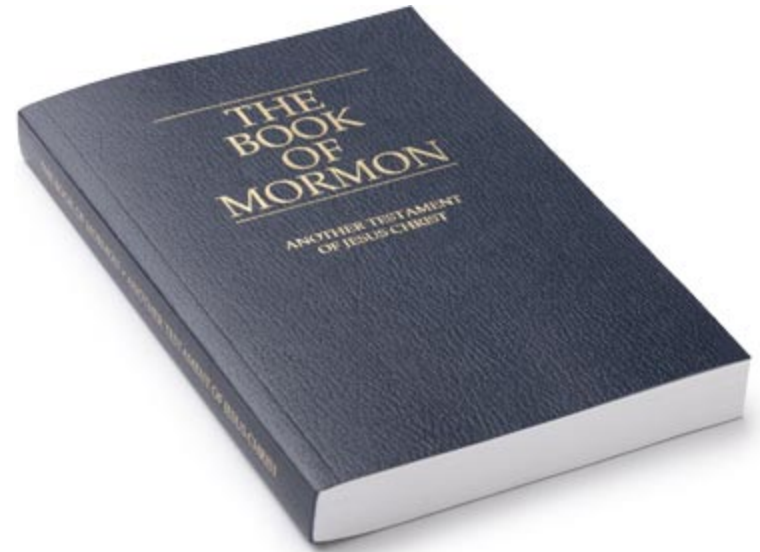
Umbreon



**Umbreon** is a dark-type Pokémon. It has a sleek black body and slender legs. Its yellow markings glow at night and strike fear into anyone nearby.



**POKÉMON**™



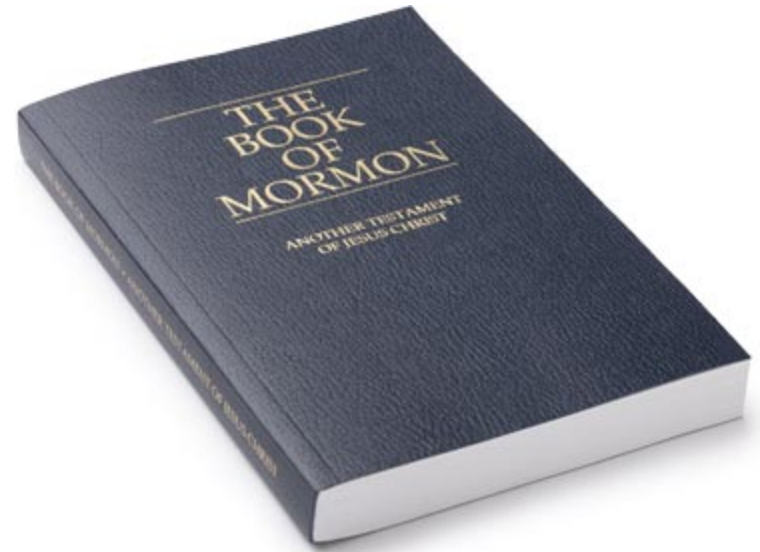
Kimnor



# THE BOOK OF MORMON

**Kimnor** was the father of Akish, a wicked leader over the Jaredites. Kimnor conspired to create secret combinations. See [Ether 8:10](#).





Scizor



**Scizor** is a dual-type bug/steel Pokémon. It resembles an insect but has claws like a lobster. Its claws can break through concrete and its body is as hard as steel.



**POKÉMON**™



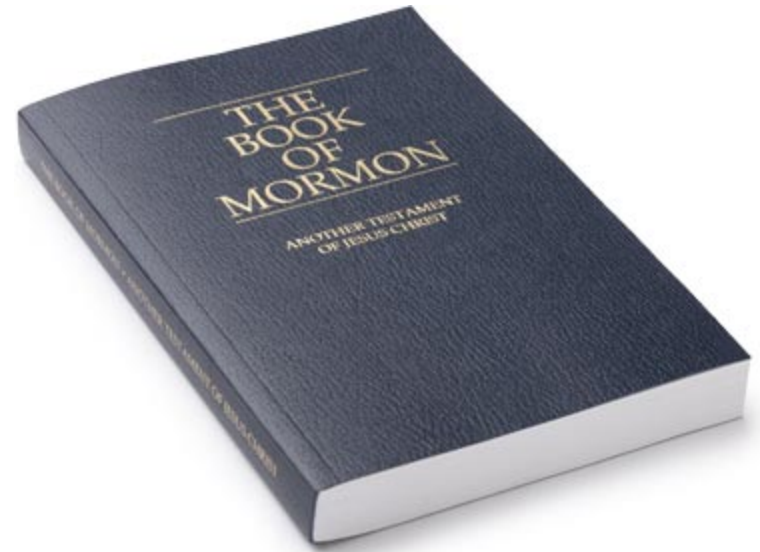
Tyroogue



**Tyrogue** is a fighting-type Pokémon. It has three blunt protusions on the top of its head. It is famous for challenging any foe no matter how large.



**POKÉMON**™

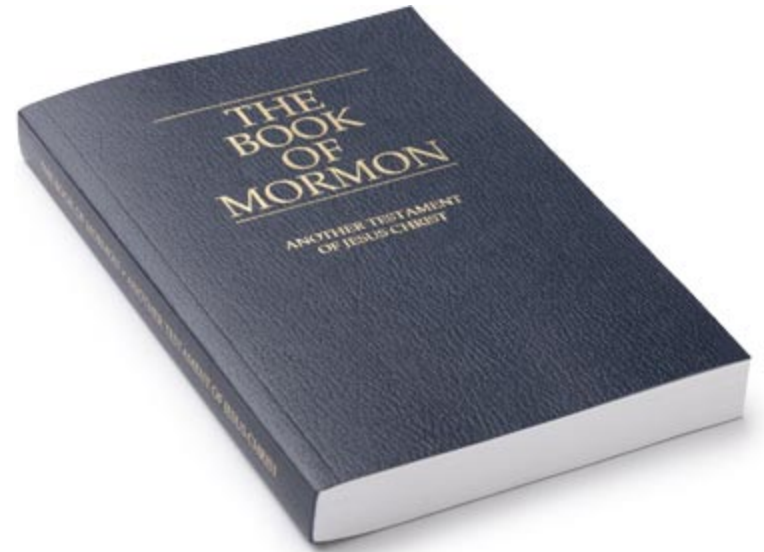


Shemnon



# THE BOOK OF MORMON

**Shemnon** was one of twelve Nephite disciples chosen by Jesus to minister to the Nephites. See [3 Nephi 19:4](#).



Entei



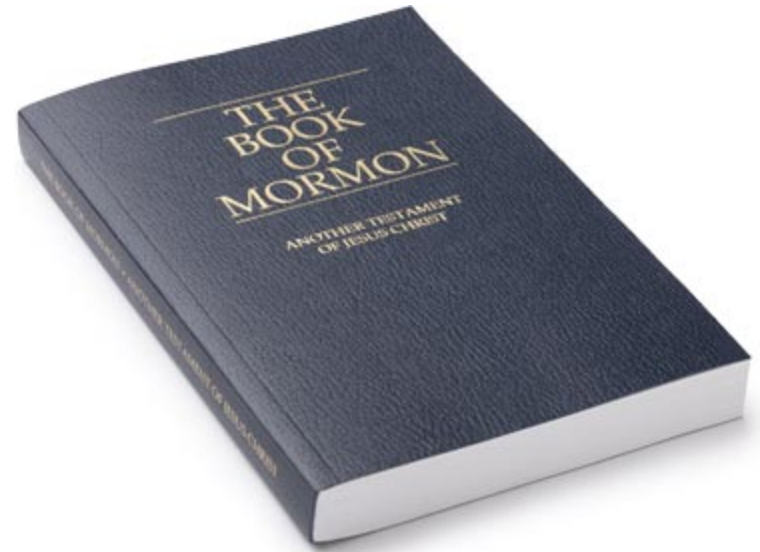


**Entei** is a fire-type Pokémon. It is massive and covered in brown fur and has a gray cloud of smoke for a mane. An Entei is born whenever a new volcano appears.



**POKÉMON**™





Gothita



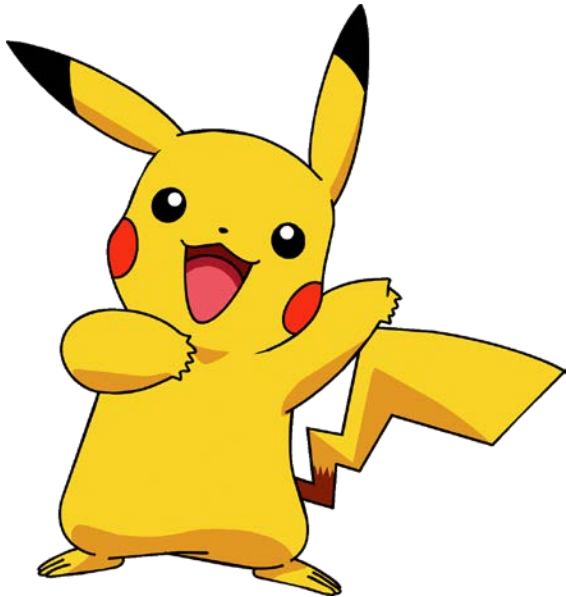
**Gothita** is a psychic-type Pokémon. It has large blue eyes and a bow shaped feeler on its neck that is used to amplify its psychic power.



**POKÉMON**™

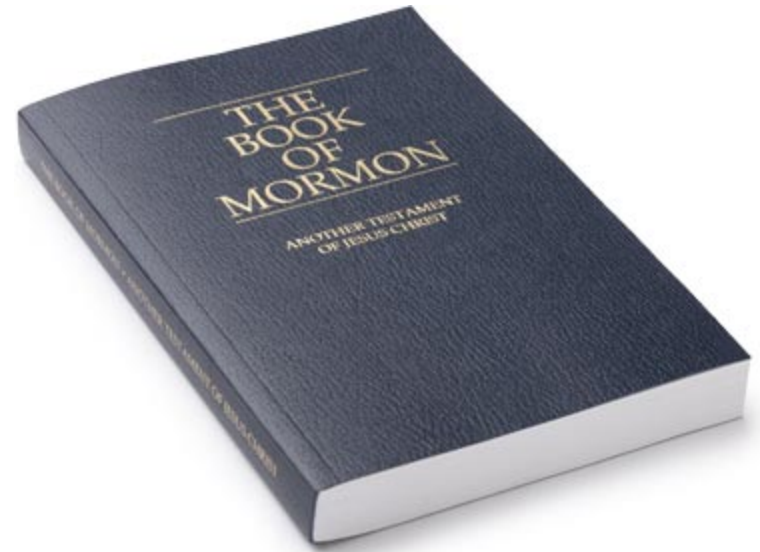


Kib



# THE BOOK OF MORMON

**Kib** was an early Jaredite king who was taken into captivity by his son Corihor until he became very old. Kib's other son defeated Corihor and restored the kingdom to Kib. See [Ether 7:5-9](#).



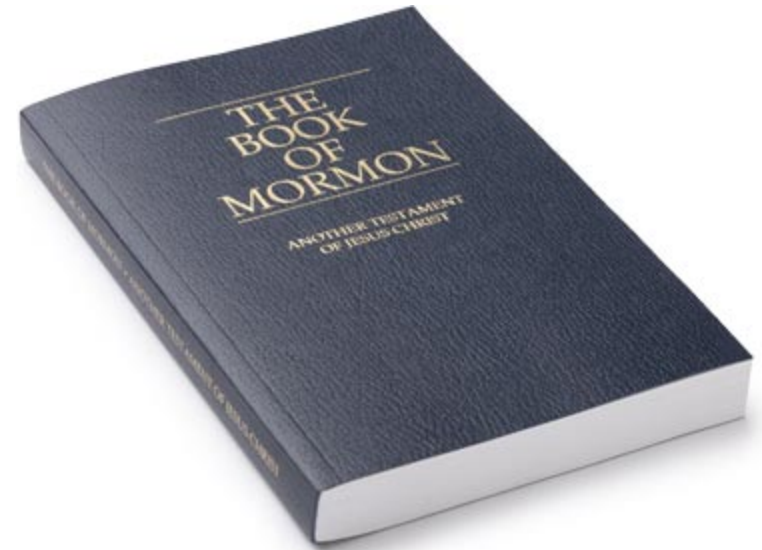
Aron



**Aron** (not the Aaron or Arron in the scriptures) is a dual-type steel/rock Pokémon. Its body is covered in armor and it feeds on iron. With one charge, it can demolish a truck.



**POKÉMON**™



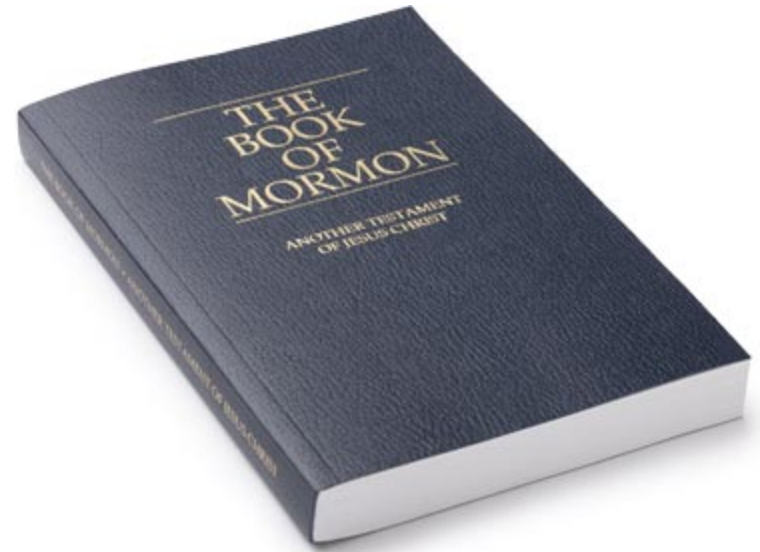
Cumenihah



# THE BOOK OF MORMON

**Cumenihah** was a Nephite commander who led 10,000 soldiers against the Lamanite armies. He and his soldiers were all slain. See [Mormon 6:14](#).





Lairon



**Lairon** is a dual-type steel/rock Pokémon. Its back is covered in iron armor. It smashes its steel body against others in battle and can create sparks by ramming into rocks.



**POKÉMON**™



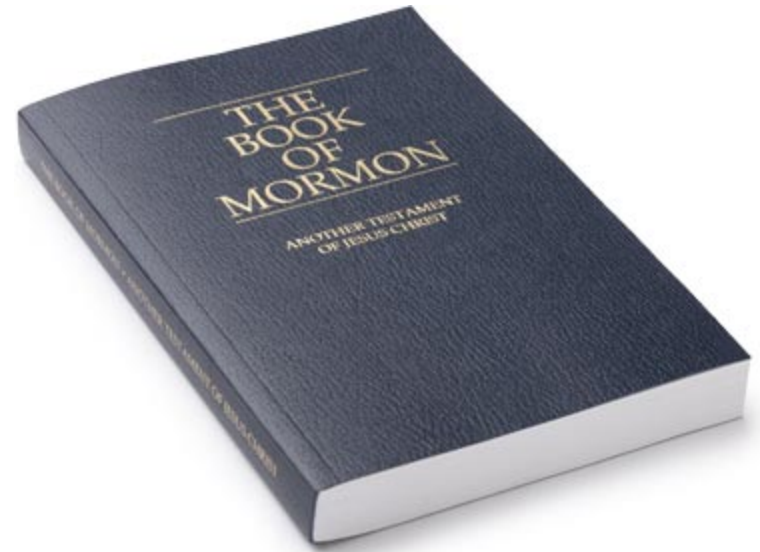
Minun



**Minun** is an electric-type Pokémon. Minun cares more for its teammates than itself, sending off sparks as it cheers for them. It can even create electric pom-poms for cheering.



**POKÉMON**™



Roselia

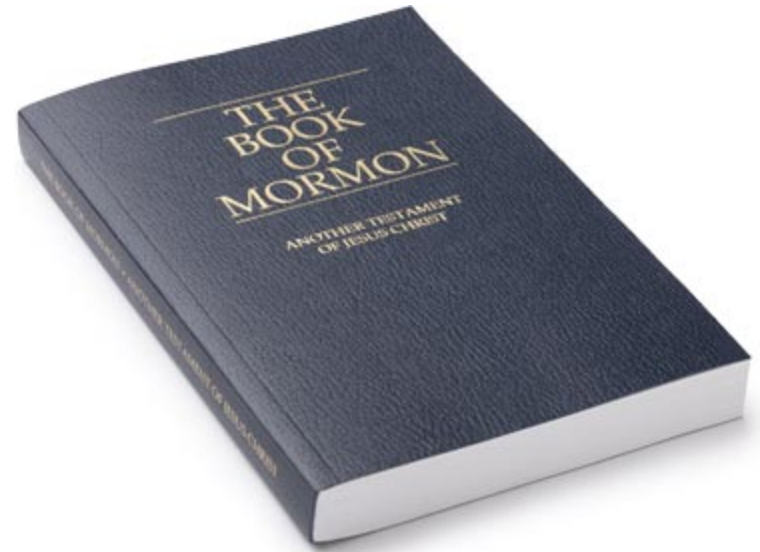


**Roselia** is a dual-type grass/poison Pokémon. It holds a rose in each of its hands and can attack with different poisons coming out of each hand.



**POKÉMON**™





Milotic

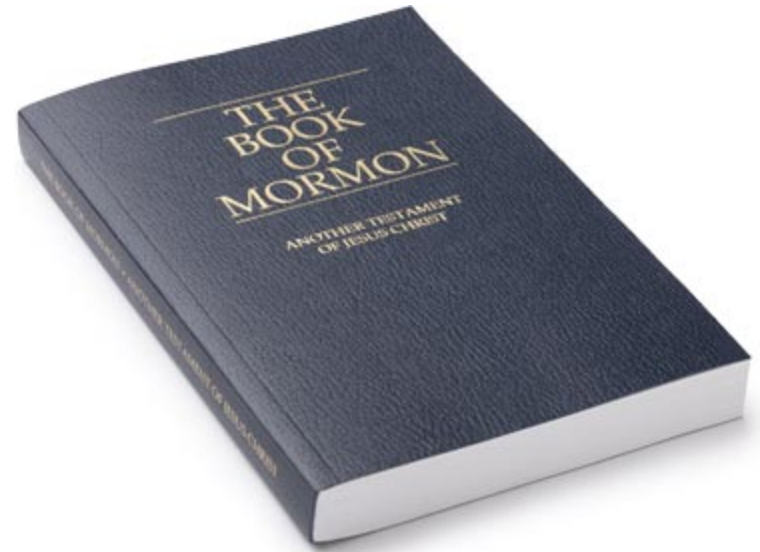


**Milotic** is a water-type Pokémon. It is said to be the most beautiful of all Pokémon. When there are fights going on, it has the power to calm angry feelings by releasing a wave of energy.



**POKÉMON**™





Amlici



# THE BOOK OF MORMON

**Amlici** was a Nephite dissenter. He was described as a very cunning man that drew away many people from the Church. Amlici led an army that was defeated by the Nephites. See [Alma 2:1-20](#).



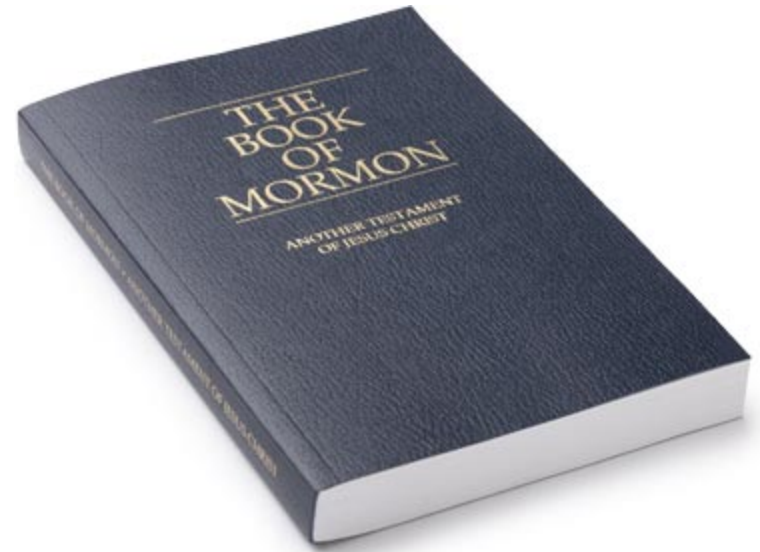
Numel



**Numel** is a dual-type fire/ground Pokémon. It resembles a camel and has a hump on its back that can open to a volcano. The hump contains magma of almost 2,200 degrees.



**POKÉMON**™

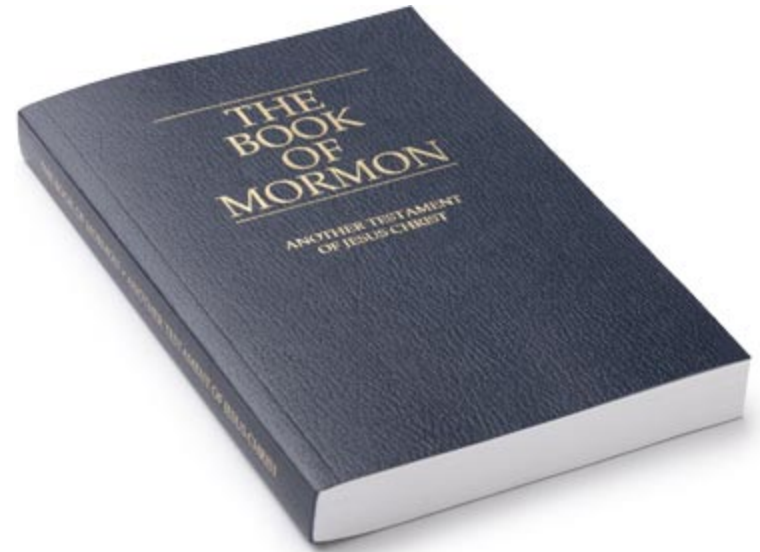


Muloki



# THE BOOK OF MORMON

**Muloki** was a Nephite missionary companion of Aaron. He preached in the village called Ani-Anti. See [Alma 21:11-12](#).



Altaria

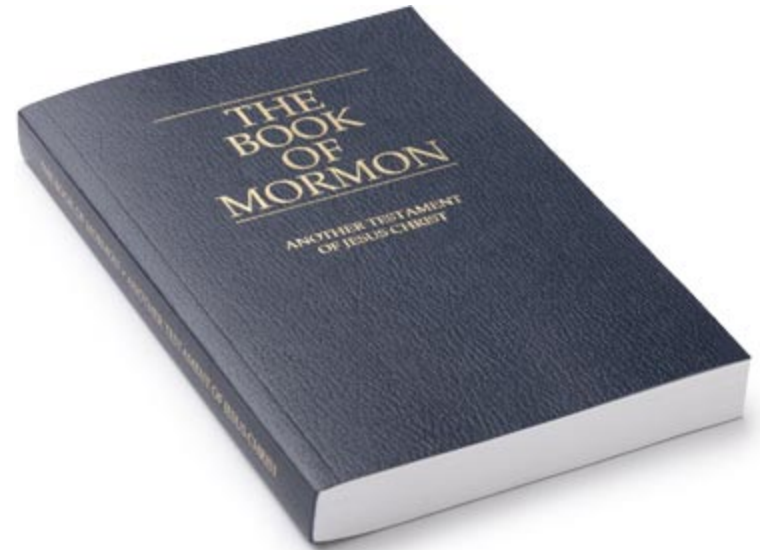


**Altaria** is a dual-type dragon/flying Pokémon. It uses its wings to soar across the sky, singing or humming in a soprano voice. Its voice can induce a dreamy state for listeners.



**POKÉMON**™





Absol



**Absol** is a dark-type Pokémon. Using its horn, it is able to sense subtle changes in the sky and the land to predict when a disaster will occur, and will try to warn people.



**POKÉMON**™

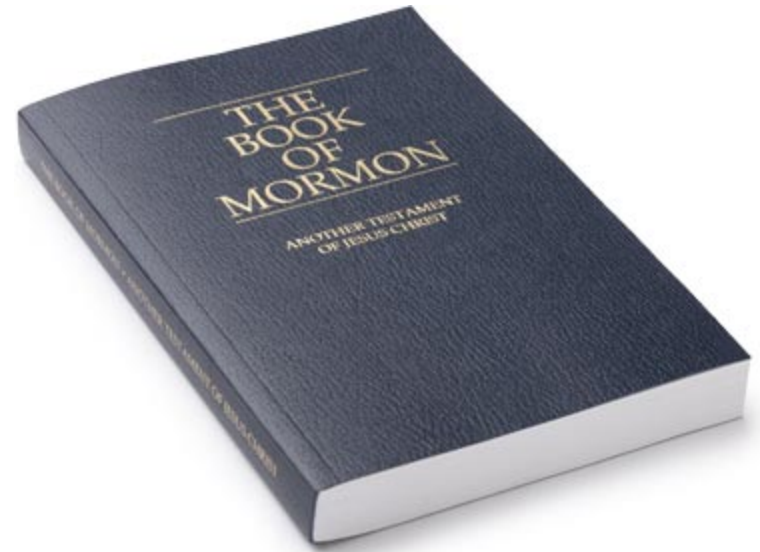


Ethem



# THE BOOK OF MORMON

**Ethem** was a wicked king of the Jaredites. The scriptures say he executed judgment in wickedness all his days. See [Ether 11:11-14](#).



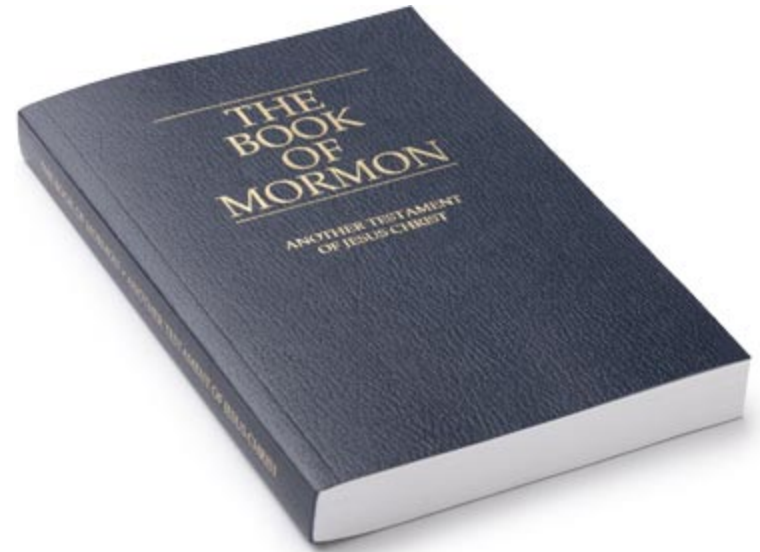
Bagon



**Bagon** is a dragon-type Pokémon. It longs to fly but frustrated at its inability to fly, it leaps off cliffs and smashes its head against large rocks.



**POKÉMON**™



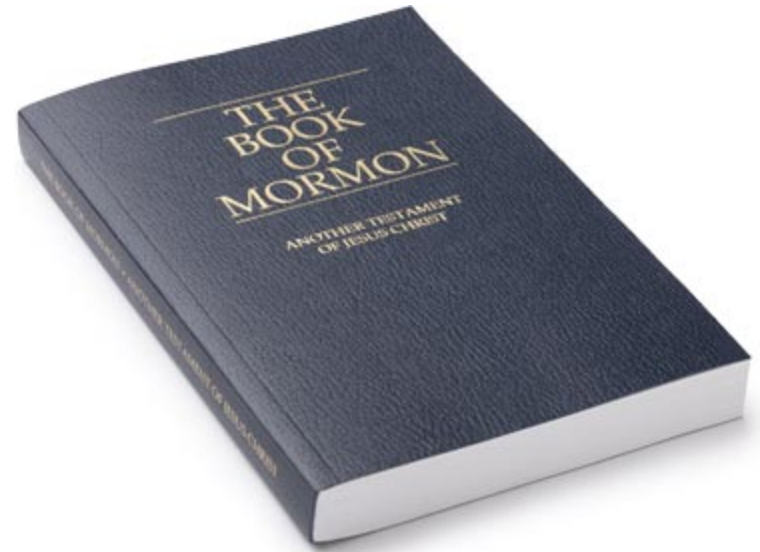
Aha



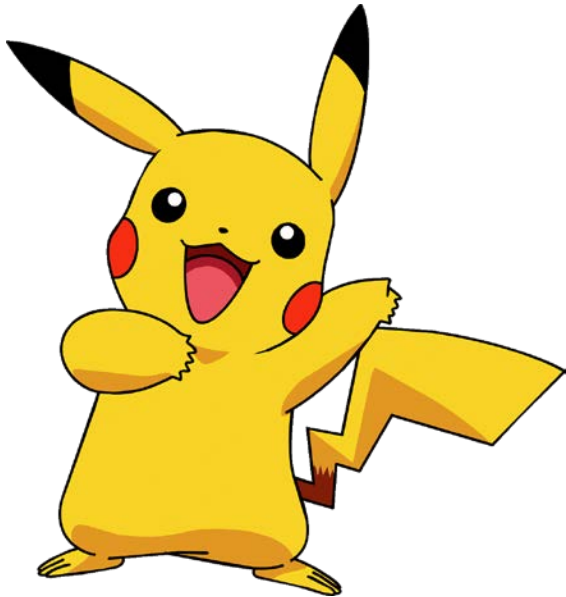
# THE BOOK OF MORMON

**Aha** was a Nephite soldier who joined his father and brother to battle against the Lamanites in order to rescue prisoners of war that were captured from the city of Ammonihah. All of the prisoners were rescued. See [Alma 16:1-8](#).





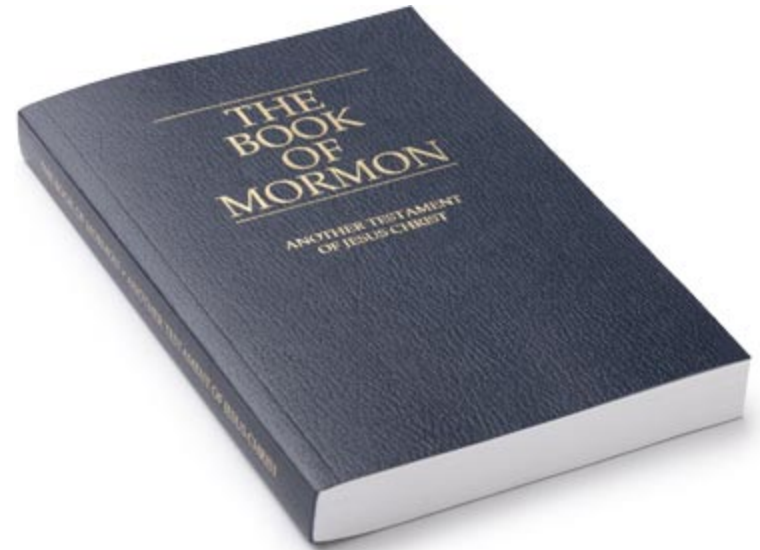
Beldum



**Beldum** is a dual-type steel/psychic Pokémon. It is a robot with one large red eye. It uses magnetism to move, communicate, and control its attacks.



**POKÉMON**™

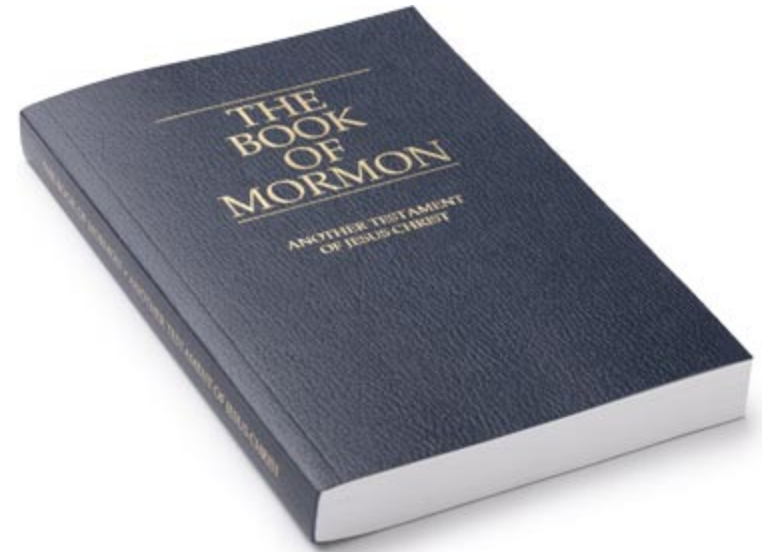


# Abinadom



# THE BOOK OF MORMON

**Abinadom** was the son of Chemish and a Nephite record keeper and warrior. He received the Plates of Nephi from his father and penned two verses in the Book of Omni. See [Omni 1:10-11](#).



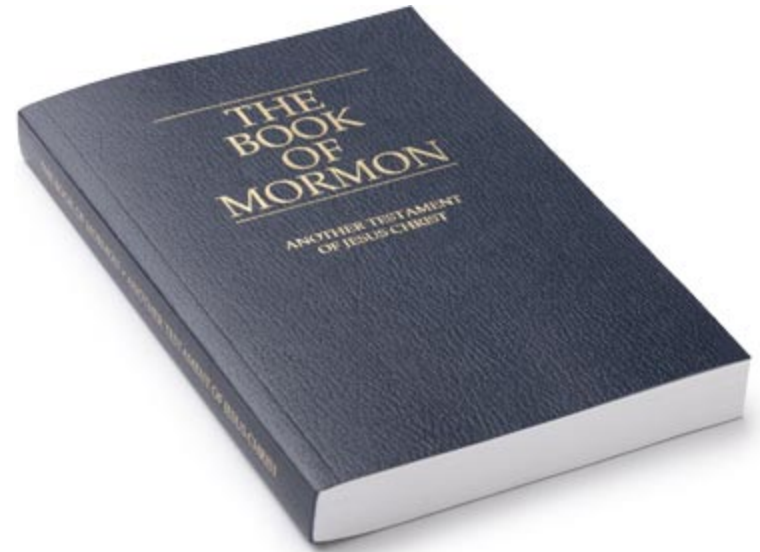
Latias



**Latias** is a dual-type dragon/psychic Pokémon. Its glass-like, downy feathers can enfold its body and refract light, which allows it to become invisible or alter its appearance.



**POKÉMON**™



# Shiblon



# THE BOOK OF MORMON

**Shiblon** was a son of Alma the Younger. He taught the gospel to the Zoramites and was persecuted for his righteousness. Shiblon was also a Nephite record keeper. See [Alma 63:1-2](#), [11-13](#).